

RHEINTALER OL-CUP

OLG
ST. GALLEN
APPENZEL

RANGLISTE MIT ZWISCHENZEITEN 10. WIDNAUER DORF-OL 2018



**St.Galler
Kantonalbank**

erdgas 
GRAVAG

Kobelt 

KÜHNIS

KÜHNIS



BRILLEN

HÖRWELT

www.kuehnis.ch

rhenusana
die rheintaler krankenkasse



Pl	tnr	Name	Zeit	2.0 km 0 Hm			15 P										
				1(79) 15(100)	2(81) Ziel	3(82)	4(83)	5(85)	6(87)	7(76)	8(71)	9(73)	10(103)	11(74)	12(62)	13(67)	14(77)
1		Luis Meier Berg	15:36	1:09 1:09 15:26 0:19	2:15 1:06 15:36 0:10	3:03 0:48	3:39 0:36 0:33 *69	4:35 0:56	6:36 2:01	8:15 1:39	9:14 0:59	10:52 1:38	11:44 0:52	12:30 0:46	13:24 0:54	13:57 0:33	15:07 1:10
2		Julian Benz Untereggen	15:37	0:51 0:51 15:24 0:22 0:13	1:50 0:59 15:37 0:13	3:02 1:12	3:37 0:35	4:38 1:01	6:41 2:03	8:24 1:43	9:06 0:42	11:00 1:54	11:44 0:44	12:32 0:48	13:21 0:49	13:57 0:36	15:02 1:05
3		Eric Meier Berg	16:26	1:03 1:03 16:15 0:22 0:11	1:58 0:55 16:26 0:11	3:22 1:24	3:57 0:35 13:58 *61	4:47 0:50	7:02 2:15	8:52 1:50	9:37 0:45	11:24 1:47	12:18 0:54	13:22 1:04	14:13 0:51	14:47 0:34	15:53 1:06
4		Matthias Schütz Heerbrugg	17:43	0:53 0:53 17:31 0:27 0:12	1:55 1:02 17:43 0:12	2:43 0:48	3:24 0:41	4:25 1:01	6:44 2:19	9:00 2:16	9:48 0:48	11:41 1:53	12:33 0:52	13:26 0:53	15:18 1:52	15:58 0:40	17:04 1:06
5		Nadim Frei Widnau	17:49	1:06 1:06 17:36 0:30 0:13	1:56 0:50 17:49 0:13	3:10 1:14	3:48 0:38	4:53 1:05	7:27 2:34	9:21 1:54	10:15 0:54	11:59 1:44	13:04 1:05	14:19 1:15	15:18 0:59	16:07 0:49	17:06 0:59
6		Timo Müller Berg	20:43	0:38 0:38 20:32 0:27 0:11	1:39 1:01 20:43 0:11	3:06 1:27	3:53 0:47	4:54 1:01	8:21 3:27	10:26 2:05	11:58 1:32	14:03 2:05	15:10 1:07	16:08 0:58	17:11 1:03	18:02 0:51	20:05 2:03
7		Linus Mattle St. Margrethen	21:16	1:01 1:01 21:04 0:26 0:12	2:11 1:10 21:16 0:12	3:42 1:31	4:26 0:44	5:36 1:10	8:58 3:22	11:01 2:03	12:40 1:39	14:46 2:06	15:46 1:00	16:42 0:56	17:48 1:06	18:37 0:49	20:38 2:01
8		Laurin Eugster Widnau	22:39	1:04 1:04 22:25 0:32 0:14	2:09 1:05 22:39 0:14	3:40 1:31	4:18 0:38	6:42 2:24	9:24 2:42	12:50 3:26	13:34 0:44	15:54 2:20	16:55 1:01	18:03 1:08	19:02 0:59	20:06 1:04	21:53 1:47
9		Darius Rutz St. Gallen	28:44	1:07 1:07 28:30 0:25	3:15 2:08 28:44 0:14	5:51 2:36	6:35 0:44	7:31 0:56	9:39 2:08	11:49 2:10	15:46 3:57	17:55 2:09	19:06 1:11	19:59 0:53	23:16 3:17	24:19 1:03	28:05 3:46
		David Rozkosny Buchs	Fehlst	2:03 2:03 28:13 0:35	3:20 1:17 28:25 0:12	4:17 0:57	5:04 0:47 11:05 *86	6:03 0:59	10:19 4:16	----- 6:54	17:13 2:08	19:21 1:25	20:46 0:56	21:42 0:56	----- 0:47	22:29 0:47	27:38 5:09
Schülerinnen (5)				2.0 km 0 Hm			15 P										
				1(79) 15(100)	2(81) Ziel	3(82)	4(83)	5(85)	6(87)	7(76)	8(71)	9(73)	10(103)	11(74)	12(62)	13(67)	14(77)
1		Malin Röhrli Egnach	15:12	0:55 0:55 15:01 0:28 0:11	2:21 1:26 15:12 0:11	4:08 1:47	4:38 0:30	5:28 0:50	7:13 1:45	8:43 1:30	9:19 0:36	10:44 1:25	11:22 0:38	12:05 0:43	12:38 0:33	13:35 0:57	14:33 0:58
2		Jana Sutter Appenzell	15:52	0:58 0:58 15:40 0:30 0:12	1:45 0:47 15:52 0:12	2:34 0:49	3:12 0:38	4:14 1:02	6:43 2:29	8:32 1:49	9:19 0:47	11:02 1:43	11:50 0:48	12:37 0:47	13:17 0:40	13:56 0:39	15:10 1:14
3		Alea Wohlwend St. Gallen	18:40	1:02 1:02 18:17 0:37 0:23	2:14 1:12 18:40 0:23	5:01 2:47	5:30 0:29	6:18 0:48	8:15 1:57	9:53 1:38	10:33 0:40	12:38 2:05	13:23 0:45	14:24 1:01	15:15 0:51	15:43 0:28	17:40 1:57
4		Maira Narr Berg	19:14	2:05 2:05 19:02 0:25 0:12	2:53 0:48 19:14 0:12	4:12 1:19	4:46 0:34 1:42 *69	5:46 1:00 16:14 *61	7:44 1:58	9:43 1:59	10:25 0:42	13:54 3:29	14:40 0:46	15:32 0:52	16:34 1:02	17:11 0:37	18:37 1:26
5		Nina Sutter Appenzell	21:18	0:52 0:52 21:07 0:21	1:56 1:04 21:18 0:11	2:47 0:51	3:25 0:38	4:22 0:57	6:35 2:13	8:16 1:41	9:15 0:59	10:47 1:32	15:13 4:26	16:02 0:49	16:43 0:41	17:14 0:31	20:46 3:32
Jugend Knaben (4)				2.7 km 0 Hm			18 P										
				1(79) 15(64)	2(78) 16(65)	3(83) 17(70)	4(75) 18(100)	5(87) Ziel	6(110)	7(88)	8(91)	9(103)	10(102)	11(101)	12(105)	13(61)	14(63)
1		Thomas Looser Trogen	18:28	0:38 0:38 15:52 0:30	1:12 0:34 17:05 1:13	2:41 1:29 17:59 0:21	3:25 0:44 18:20 0:21	5:14 1:49 18:28 0:08	5:41 0:27	7:20 1:39	9:30 2:10	10:39 1:09	12:04 1:25	12:19 0:15	12:58 0:39	14:36 1:38	15:22 0:46
2		Silas Röhrli Fetzisloh	20:14	0:48 0:48 17:39 0:36	1:19 0:31 18:50 1:11	2:54 1:35 19:37 0:47	3:46 0:52 20:04 0:27	5:54 2:08 20:14 0:10	6:21 0:27	8:09 1:48	10:27 2:18	11:47 1:20	13:19 1:32	13:31 0:12	14:16 0:45	15:58 1:42	17:03 1:05

Pl	tnr	Name	Zeit														
Herren (6)				3.0 km 0 Hm			19 P		<i>(Forts.)</i>								
				1(69) 15(111)	2(82) 16(74)	3(83) 17(65)	4(85) 18(70)	5(84) 19(100)	6(108) Ziel	7(109)	8(72)	9(89)	10(104)	11(68)	12(67)	13(61)	14(63)
6		Yannik Fritschi Diepoldsau	30:39	0:51 0:51 25:34 0:19	3:09 2:18 26:36 1:02	3:37 0:28 28:39 2:03	4:17 0:40 29:42 1:03	8:31 4:14 30:26 0:44	10:40 2:09 30:39 0:13	12:16 1:36	12:51 0:35	14:07 1:16	18:51 4:44	21:10 2:19	22:49 1:39	23:38 0:49	25:15 1:37
Damen (8)				3.0 km 0 Hm			19 P										
				1(69) 15(111)	2(82) 16(74)	3(83) 17(65)	4(85) 18(70)	5(84) 19(100)	6(108) Ziel	7(109)	8(72)	9(89)	10(104)	11(68)	12(67)	13(61)	14(63)
1		Nadia Ricklin St. Gallen	29:09	0:30 0:30 19:56 0:20	2:16 1:46 20:40 0:44	2:43 0:27 27:31 6:51	3:22 0:39 28:31 1:00	5:11 1:49 28:58 0:27	7:28 2:17 29:09 0:11	9:07 1:39	9:36 0:29	10:43 1:07	13:53 3:10	16:36 2:43	18:28 1:52	18:54 0:26	19:36 0:42
2		Seraina Heule Widnau	29:44	0:28 25:29 0:20	1:45 26:21 1:44	2:47 27:52 1:31	3:49 29:00 1:02	7:04 29:32 3:15	10:01 29:44 2:57	12:39 2:38	13:19 0:40	14:47 1:28	18:26 3:39	21:03 2:37	22:37 1:34	23:04 0:27	25:09 2:05
3		Sabrina Müller Ennetaach	31:07	0:28 0:28 26:11 0:23	1:45 27:14 1:45	2:51 28:59 1:45	3:48 30:14 1:15	5:52 30:52 0:32	8:59 31:07 0:12	11:00 2:01	11:44 0:44	13:24 1:40	17:20 3:56	21:29 4:09	23:39 2:10	24:45 1:06	25:48 1:03
4		Franziska Bucher Diepoldsau	34:27	1:00 1:00 28:12 0:27	3:37 2:37 29:36 1:24	4:14 0:37 32:20 2:44	5:16 1:02 33:33 1:13	7:39 2:23 34:13 0:40	10:19 2:40 34:27 0:14	12:06 1:47	12:42 0:36	14:52 2:10	19:17 4:25	22:49 3:32	25:33 2:44	26:09 0:36	27:45 1:36
5		Elodie Tassin Arbon	35:39	1:28 1:28 30:53 0:21	3:27 1:59 31:46 0:53	4:11 0:44 33:19 1:33	6:41 2:30 34:42 1:23	10:20 3:39 35:23 0:41	13:31 3:11 35:39 0:16	15:51 2:20	16:36 0:45	18:06 1:30	22:41 4:35	26:12 3:31	27:54 1:42	28:23 0:29	30:32 2:09
6		Isabell Bucher Lüdingen	38:59	0:47 0:47 33:45 0:28	5:36 4:49 34:50 1:05	6:09 0:33 36:31 1:41	7:04 0:55 37:44 1:13	10:13 3:09 38:36 0:52	13:18 3:05 38:59 0:23	15:29 2:11	16:22 0:53	18:05 1:43	22:46 4:41	26:14 3:28	28:25 2:11	30:57 2:32	33:17 2:20
7		Denise Gächter Montlingen	45:53	1:55 1:55 39:00 0:28	4:56 3:01 40:17 1:17	5:40 0:44 43:00 2:43	7:04 1:24 44:45 1:45	10:51 3:47 45:34 0:49	16:05 5:14 45:53 0:19	19:39 3:34	20:43 1:04	22:56 2:13	28:50 5:54	33:12 4:22	36:44 3:32	37:20 0:36	38:32 1:12
		Jana Maier Arbon	Fehlst	----- 28:50 0:37	3:40 3:40 30:18 1:28	4:18 0:38 32:11 1:53	5:10 0:52 33:52 1:41	7:43 2:33 34:32 0:40	11:25 3:42 34:47 0:15	13:30 2:05	14:11 0:41	15:42 1:31	20:11 4:29	23:12 3:01	25:43 2:31	26:18 0:35	28:13 1:55
Senioren +35 (7)				3.0 km 0 Hm			19 P										
				1(69) 15(111)	2(82) 16(74)	3(83) 17(65)	4(85) 18(70)	5(84) 19(100)	6(108) Ziel	7(109)	8(72)	9(89)	10(104)	11(68)	12(67)	13(61)	14(63)
1		Thomas Müller Ennetaach	20:25	0:22 0:22 16:25 0:35	1:29 1:07 17:53 1:28	1:53 0:24 19:00 1:07	2:30 0:37 19:50 0:50	4:06 1:36 20:14 0:24	6:06 2:00 20:25 0:11	7:29 1:23	7:56 0:27	8:52 0:56	11:37 2:45	13:29 1:52	14:56 1:27	15:15 0:19	15:50 0:35
2		Daniel Raum Höchst	20:34	0:30 0:30 17:23 0:16	2:10 1:40 17:59 0:36	2:36 0:26 19:08 1:09	3:14 0:38 19:57 0:49	4:52 1:38 20:22 0:25	6:50 1:58 20:34 0:12	8:11 1:21	8:41 0:30	9:49 1:08	12:18 2:29	14:11 1:53	15:55 1:44	16:17 0:22	17:07 0:50
3		Markus Weber Walzenhausen	21:55	0:34 0:34 18:25 0:21	1:54 1:20 19:03 0:38	2:23 0:29 20:19 1:16	3:08 0:45 21:17 0:58	4:39 1:31 21:44 0:27	6:48 2:09 21:55 0:11	8:27 1:39	9:01 0:34	10:19 1:18	12:53 2:34	14:53 2:00	16:25 1:32	16:48 0:23	18:04 1:16
4		Rainer Müller Buchs	23:41	0:31 0:31 19:57 0:19	1:57 1:26 20:45 0:48	2:27 0:30 22:05 1:20	3:17 0:50 23:01 0:56	6:01 2:44 23:29 0:28	8:17 2:16 23:41 0:12	10:02 1:45	10:32 0:30	11:49 1:17	14:29 2:40	16:47 2:18	18:27 1:40	18:51 0:24	19:38 0:47
5		Reto Sonderegger Herisau	32:10	0:30 0:30 26:48 0:29	2:05 1:35 27:38 0:50	2:34 0:29 29:59 2:21	3:23 0:49 31:09 1:10	5:50 2:27 31:54 0:45	8:29 2:39 32:10 0:16	10:45 2:16	11:27 0:42	12:51 1:24	16:42 3:51	22:14 5:32	24:24 2:10	24:58 0:34	26:19 1:21
6		Günter Tisch Heiden	40:04	1:08 1:08 33:20 0:28	3:54 2:46 35:12 1:52	4:32 0:38 37:10 1:58	5:28 0:56 39:04 1:54	9:03 3:35 39:45 0:41	12:17 3:14 40:04 0:19	14:30 2:13	15:15 0:45	17:00 1:45	21:50 4:50	27:58 6:08	30:30 2:32	31:17 0:47	32:52 1:35
7		Andreas Hochuli Flawil	41:37	2:12 2:12 37:07 0:24	4:35 2:23 37:59 0:52	5:05 0:30 39:16 1:17	6:16 1:11 40:40 1:24	9:41 3:25 41:19 0:39	12:34 2:53 41:37 0:18	14:28 1:54	15:02 0:34	16:31 1:29	20:00 3:29	32:49 12:49	34:45 1:56	35:39 0:54	36:43 1:04

Pl	tnr	Name	Zeit	2.8 km 0 Hm			19 P											
				1(69) 15(74)	2(78) 16(67)	3(82) 17(61)	4(83) 18(70)	5(110) 19(100)	6(71) Ziel	7(88)	8(109)	9(73)	10(102)	11(101)	12(105)	13(62)	14(111)	
Seniorinnen +35 (4)																		
1		Andrea Müller Schönholzerswilen	19:29	0:33 0:33 17:13 0:40	1:28 0:55 17:34 0:21	3:10 1:42 17:59 0:25	3:39 0:29 18:49 0:50	6:19 2:40 19:18 0:29	6:58 0:39 19:29 0:11	8:20 1:22	9:21 1:01	11:36 2:15	13:16 1:40	13:29 0:13	14:18 0:49	16:14 1:56	16:33 0:19	
2		Rita Deininger St. Gallen	24:25	0:29 21:45 0:41	1:25 22:07 0:22	3:27 22:36 0:29	3:59 23:40 1:04	7:09 24:12 0:32	7:55 24:25 0:13	9:29 1:34	10:37 1:08	13:30 2:53	17:04 3:34	17:19 0:15	18:12 0:53	20:18 2:06	21:04 0:46	
3		Sabine Bönig Achberg	27:40	0:44 24:29 1:08	1:58 24:58 0:29	3:35 25:33 0:35	4:12 26:48 1:15	7:48 27:24 0:36	8:35 27:40 0:16	10:19 1:44	11:33 1:14	14:44 3:11	18:37 3:53	18:55 0:18	19:56 1:01	22:43 2:47	23:21 0:38	
4		Isabella Müller Berg	31:18	0:33 27:17 1:11	1:57 27:55 0:38	3:35 28:41 0:46	4:16 30:17 1:36	8:56 30:55 0:38	9:50 31:18 0:23	11:52	13:32	17:25	20:17	20:39	22:06	25:38	26:06	
										8:12	*87							
Senioren +50 (10)																		
				1(69) 15(74)	2(78) 16(67)	3(82) 17(61)	4(83) 18(70)	5(110) 19(100)	6(71) Ziel	7(88)	8(109)	9(73)	10(102)	11(101)	12(105)	13(62)	14(111)	
1		Dieter Sandmeier Herisau	18:45	0:36 0:36 16:41 0:35	1:35 0:59 17:00 0:19	2:57 1:22 17:22 0:22	3:27 0:30 18:09 0:47	6:06 2:39 18:34 0:25	6:44 0:38 18:45 0:11	8:03 1:19	9:00 0:57	11:11 2:11	13:13 2:02	13:28 0:15	14:12 0:44	15:50 1:38	16:06 0:16	
2		Hanspeter Schenk Weinfelden	19:47	0:29 17:28 0:37	1:21 17:49 0:21	2:29 18:12 0:23	3:12 19:04 0:52	6:03 19:34 0:30	6:41 19:47 0:13	8:04 1:23	9:06 1:02	11:37 2:31	13:38 2:01	13:50 0:12	14:38 0:48	16:32 1:54	16:51 0:19	
3		Martin Koster St. Margrethen	20:44	0:31 18:11 0:42	1:22 18:35 0:24	2:31 19:01 0:26	3:04 20:03 1:02	6:04 20:33 0:30	6:45 20:44 0:11	8:17 1:32	9:23 1:06	12:02 2:39	13:54 1:52	14:08 0:14	15:02 0:54	17:07 2:05	17:29 0:22	
4		Robert Furrer St. Gallen	21:04	0:33 18:38 0:54	1:31 19:00 0:22	2:41 19:24 0:24	3:18 20:25 1:01	6:08 20:52 0:27	6:49 21:04 0:12	8:21 1:32	9:32 1:11	12:01 2:29	14:19 2:18	14:35 0:16	15:26 0:51	17:24 1:58	17:44 0:20	
5		Martin Stamm St. Gallen	21:55	0:26 19:14 0:51	1:17 19:41 0:27	2:28 20:08 0:27	3:00 21:08 1:00	6:40 21:41 0:33	7:22 21:55 0:14	8:53 1:31	10:07 1:14	12:49 2:42	14:44 1:55	15:01 0:17	16:00 0:59	18:01 2:01	18:23 0:22	
6		Clemens Eugster Widnau	23:40	0:30 20:48 0:52	1:31 21:15 0:27	2:53 21:44 0:29	3:30 22:52 1:08	6:39 23:26 0:34	7:26 23:40 0:14	9:08 1:42	10:21 1:13	13:29 3:08	15:52 2:23	16:14 0:22	17:06 0:52	19:31 2:25	19:56 0:25	
7		Norbert Wenger Rorschach	25:22	0:33 21:24 1:16	1:40 21:47 0:23	3:07 22:17 0:30	3:36 23:31 1:14	6:34 25:10 1:39	7:19 25:22 0:12	9:05 1:46	10:06 1:01	13:07 3:01	15:34 2:27	16:01 0:27	17:21 1:20	19:42 2:21	20:08 0:26	
8		Urs Manser Thal	26:33	0:29 20:35 0:53	1:31 21:00 0:25	2:58 22:39 1:39	3:31 23:54 1:15	6:42 26:20 2:26	7:27 26:33 0:13	9:04 1:37	10:13 1:09	13:26 3:13	15:45 2:19	16:02 0:17	16:55 0:53	19:07 2:12	19:42 0:35	
9		Rainer Nuber Widnau	29:11	0:50 24:10 0:48	2:25 24:37 0:27	3:58 25:09 0:32	6:12 26:28 1:19	9:19 28:56 2:28	10:11 29:11 0:15	12:00 1:49	13:30 1:30	16:49 3:19	19:06 2:17	19:27 0:21	20:31 1:04	22:42 2:11	23:22 0:40	
10		Markus Good Nussbaumen	39:56	2:42 34:32 2:06	4:16 35:14 0:42	6:34 36:38 1:24	7:22 38:52 2:14	12:37 39:37 0:45	13:32 39:56 0:19	15:55 2:23	17:53 1:58	22:09 4:16	26:21 4:12	26:54 0:33	28:16 1:22	32:01 3:45	32:26 0:25	
Seniorinnen +50 (10)																		
				1(69) 15(67)	2(78) 16(70)	3(83) 17(100)	4(86) Ziel	5(110)	6(108)	7(73)	8(102)	9(101)	10(105)	11(61)	12(63)	13(111)	14(74)	
1		Susanne Wenk Hüttwilen	20:54	0:27 0:27 19:15 0:22	1:31 1:04 20:09 0:54	3:33 2:02 20:41 0:32	6:38 3:05 20:54 0:13	7:41 1:03	9:26 1:45	11:36 2:10	13:28 1:52	13:50 0:22	14:41 0:51	16:37 1:56	17:48 1:11	18:14 0:26	18:53 0:39	
2		Nicole Ricklin St. Gallen	21:34	0:39 0:39 19:53 0:27	1:57 1:18 20:51 0:58	3:53 1:56 21:23 0:32	7:20 3:27 21:34 0:11	8:32 1:12	10:12 1:40	12:08 1:56	14:09 2:01	14:25 0:16	15:11 0:46	17:11 2:00	18:07 0:56	18:32 0:25	19:26 0:54	
3		Karin Zbinden Teufen	25:58	0:50 0:50 22:22 0:34	2:01 1:11 25:09 2:47	4:25 2:24 25:43 0:34	7:46 3:21 25:58 0:15	8:58 1:12	11:00 2:02	13:17 2:17	15:45 2:28	16:06 0:21	17:05 0:59	19:19 2:14	20:33 1:14	20:55 0:22	21:48 0:53	

Pl	tnr	Name	Zeit														
Seniorinnen +50 (10)				2.5 km 0 Hm				17 P				(Forts.)					
				1(69) 15(67)	2(78) 16(70)	3(83) 17(100)	4(86) Ziel	5(110)	6(108)	7(73)	8(102)	9(101)	10(105)	11(61)	12(63)	13(111)	14(74)
4		Jeanette Stamm St. Gallen	27:57	0:56 0:56 25:58	3:01 2:05 27:02	5:29 2:28 27:42	9:09 3:40 27:57	10:26 1:17	12:25 1:59	15:17 2:52	18:39 3:22	19:02 0:23	20:21 1:19	22:55 2:34	23:54 0:59	24:24 0:30	25:27 1:03
5		Esther Schäpper Niederteufen	28:21	0:31 0:34 26:08	1:04 2:13 27:21	0:40 4:24 28:05	0:15 8:24 28:21	9:40 1:16	11:58 2:18	15:34 3:36	18:50 3:16	19:09 0:19	20:18 1:09	23:01 2:43	24:19 1:18	24:38 0:19	25:31 0:53
6		Judith Brändle St. Gallen	29:30	0:37 0:29 26:36	1:13 1:48 28:26	0:44 4:04 29:10	0:16 8:53 29:30	10:12 1:19	12:41 2:29	15:43 3:02	18:47 3:04	19:15 0:28	20:34 1:19	23:15 2:41	24:33 1:18	25:05 0:32	26:03 0:58
7		Sybille Kühnis Marbach	32:45	0:33 1:29 28:25	1:50 2:57 31:42	0:44 5:13 32:29	0:20 11:50 32:45	13:10 1:20	15:20 2:10	17:57 2:37	20:55 2:58	21:12 0:17	22:14 1:02	25:11 2:57	26:34 1:23	27:03 0:29	27:56 0:53
8		Daniela Schenk Weinfelden	33:41	0:29 0:59 29:38	3:17 1:50 32:46	0:47 2:26 33:24	0:16 4:12 33:41	10:57 1:30	13:33 2:36	16:38 3:05	19:58 3:20	20:26 0:28	21:43 1:17	25:06 3:23	27:00 1:54	27:28 0:28	28:53 1:25
9		Helen Greminger Ottoberg	39:01	0:45 1:46 36:17	3:08 3:26 37:46	0:38 5:57 38:42	0:17 10:37 39:01	12:11 1:34	16:44 4:33	20:31 3:47	24:14 3:43	24:42 0:28	28:31 3:49	32:27 3:56	34:15 1:48	34:45 0:30	35:41 0:56
10		Annelies Burchia Lüchingen	52:19	0:36 0:54 46:58	1:29 3:16 50:34	0:56 8:21 51:52	0:19 16:23 52:19	18:38 2:15	22:35 3:57	28:41 6:06	33:38 4:57	34:15 0:37	36:10 1:55	40:45 4:35	43:25 2:40	44:03 0:38	45:51 1:48
Senioren +60 (11)				2.5 km 0 Hm				17 P									
				1(69) 15(67)	2(78) 16(70)	3(83) 17(100)	4(86) Ziel	5(110)	6(108)	7(73)	8(102)	9(101)	10(105)	11(61)	12(63)	13(111)	14(74)
1		Rolf Bollhalder Teufen	19:39	0:39 0:39 17:26 0:24	1:32 0:53 18:56 19:26	3:08 1:36 19:26 0:30	5:48 2:40 19:39 0:13	6:45 0:57	8:19 1:34	10:16 1:57	11:58 1:42	12:11 0:13	12:59 0:48	15:11 2:12	15:54 0:43	16:22 0:28	17:02 0:40
2		Emil Sutter Appenzell	24:15	0:41 0:41 22:38	2:04 1:23 23:35	4:40 2:36 24:04	7:51 3:11 24:15	9:02 1:11	11:02 2:00	13:25 2:23	15:44 2:19	16:02 0:18	17:03 1:01	19:30 2:27	20:42 1:12	21:27 0:45	22:12 0:45
3		Felix Engeler Amriswil	24:30	0:26 0:35 22:46	0:57 1:38 23:40	0:29 3:42 24:15	0:11 8:13 24:30	9:19 1:06	11:14 1:55	13:28 2:14	16:16 2:48	16:41 0:25	17:35 0:54	20:21 2:46	21:13 0:52	21:35 0:22	22:16 0:41
4		Walter Ackermann Egnach	27:18	0:30 0:41 25:13	0:54 2:03 26:27	0:35 4:20 27:03	0:15 8:22 27:18	9:44 1:22	11:55 2:11	14:31 2:36	18:01 3:30	18:24 0:23	19:32 1:08	22:10 2:38	23:18 1:08	23:44 0:26	24:37 0:53
5		Thomas Müller Rheineck	27:42	0:36 0:47 25:13	1:14 1:57 26:27	0:36 4:04 27:24	0:15 7:57 27:42	9:24 1:27	11:39 2:15	14:18 2:39	17:16 2:58	17:37 0:21	19:09 1:32	21:57 2:48	23:16 1:19	23:44 0:28	24:43 0:59
6		Heiri Greminger Ottoberg	29:20	0:30 0:39 26:57	1:14 1:21 28:18	0:57 0:47 29:05	0:18 0:15 29:20	10:18 2:39	12:47 2:29	15:31 2:44	18:10 2:39	18:35 0:25	19:48 1:13	22:48 3:00	24:53 2:05	25:18 0:25	26:18 1:00
7		Josef Hutter Diepoldsau	31:30	0:46 0:50 28:28	2:03 2:10 30:31	0:41 4:29 31:12	0:18 0:15 31:30	8:54 1:13	11:05 2:11	13:52 2:47	16:35 2:43	17:00 0:25	18:12 1:12	23:52 5:40	24:59 1:07	25:54 0:55	27:42 1:48
8		Mario Fässler Eggersriet	32:45	0:46 1:10 29:58	2:03 2:41 31:41	0:41 5:27 32:25	0:18 10:00 32:45	11:32 1:32	14:06 2:34	17:27 3:21	20:38 3:11	21:04 0:26	22:12 1:08	26:32 4:20	27:31 0:59	27:59 0:28	29:20 1:21
9		Roger Hollenstein Weingarten	34:20	0:38 1:10 32:00	1:43 2:34 33:17	0:44 5:20 34:03	0:20 10:55 34:20	12:19 1:24	14:56 2:37	18:57 4:01	23:43 4:46	24:10 0:27	25:25 1:15	28:27 3:02	29:42 1:15	30:11 0:29	31:26 1:15
10		Viktor Schilter St. Gallen	36:32	0:34 0:43 34:09	1:17 2:42 35:23	0:46 5:07 36:11	0:17 11:13 36:32	12:37 1:24	15:11 2:34	18:06 2:55	21:03 2:57	21:23 0:20	22:34 1:11	27:28 4:54	30:33 3:05	30:58 0:25	33:30 2:32
11		Otto Kunczier Bregenz	53:50	0:39 4:05 49:27	1:14 7:26 52:13	0:48 11:59 53:15	0:21 18:39 53:50	25:07 6:28	28:16 3:09	32:12 3:56	37:30 5:18	38:04 0:34	40:03 1:59	44:45 4:42	46:32 1:47	47:16 0:44	48:36 1:20

Pl	tnr	Name	Zeit	2.4 km 0 Hm					18 P									
				1(79) 15(62)	2(81) 16(67)	3(80) 17(77)	4(83) 18(100)	5(75) Ziel	6(71)	7(76)	8(88)	9(72)	10(106)	11(107)	12(105)	13(103)	14(74)	
Familien (6)																		
1		Hansruedi Scherrer Rheineck	17:38	1:13 1:13 15:38	2:19 1:06 16:08	2:49 0:30 17:03	3:46 0:57 17:27	4:44 0:58 17:38	6:31 1:47	8:26 1:55	9:18 0:52	9:49 0:31	11:48 1:59	12:34 0:46	13:12 0:38	14:22 1:10	15:04 0:42	
2		Erwin Schütz Heerbrugg	19:19	0:48 0:34 0:48	2:44 1:56 0:48	3:17 0:33 0:54	4:11 1:14 0:54	5:25 1:14 0:10	7:39 2:14	8:28 0:49	9:26 0:58	10:05 0:39	12:48 2:43	13:53 1:05	14:41 0:48	15:46 1:05	16:35 0:49	
3		Jan Axthelm Widnau	22:08	2:07 2:07 0:28	3:49 1:42 0:26	4:28 0:39 1:11	5:45 1:17 0:29	7:07 1:22 0:10	9:27 2:20	10:27 1:00	11:39 1:12	12:18 0:39	14:40 2:22	15:45 1:05	17:17 1:32	18:21 1:04	19:10 0:49	
4		Domenika Meier Berg	23:46	0:58 0:58 0:47	2:08 1:10 0:52	2:50 0:42 0:52	4:16 1:26 0:36	5:52 1:36 0:36	8:41 2:49	9:32 0:51	10:57 1:25	11:55 0:58	15:28 3:33	16:38 1:10	17:41 1:03	19:00 1:19	20:04 1:04	
5		Thomas Widler Widnau	27:02	2:17 2:17 0:48	3:51 1:34 0:44	4:31 0:40 1:16	6:02 1:31 0:29	7:40 1:38 0:16	10:52 3:12	11:49 0:57	13:20 1:31	14:19 0:59	17:28 3:09	19:04 1:36	20:33 1:29	22:05 1:32	23:29 1:24	
6		Tiago Müller Ennetaach	30:11	0:52 0:52 0:39	1:53 1:01 0:51	2:29 0:36 2:05	4:02 1:33 0:31	5:48 1:46 0:14	11:02 5:14	11:40 0:38	12:59 1:19	14:28 1:29	19:09 4:41	21:16 2:07	22:17 1:01	24:27 2:10	25:51 1:24	
Plausch kurz (17)																		
				1(79) 15(100)	2(81) Ziel	3(82)	4(83)	5(85)	6(87)	7(76)	8(71)	9(73)	10(103)	11(74)	12(62)	13(67)	14(77)	
1		Andrina Sondereg Rüthi	16:47	0:50 0:50 16:34	2:07 1:17 16:47	3:38 1:31	4:05 0:27	5:00 0:55	6:58 1:58	8:39 1:41	9:34 0:55	11:15 1:41	11:56 0:41	12:35 0:39	13:08 0:33	13:43 0:35	14:39 0:56	
2		Nina Abauza Widnau OGW	19:45	0:43 0:43 0:40	1:57 1:14 0:22	3:03 1:06	4:00 0:57	5:03 1:03	7:49 2:46	10:16 2:27	11:51 1:35	13:54 2:03	14:53 0:59	15:46 0:53	16:37 0:51	17:19 0:42	18:43 1:24	
3		Corinne Röhr Egnach	21:31	0:53 0:53 0:47	1:43 0:50 0:17	2:28 0:45	3:05 0:37	4:21 1:16	6:19 1:58	8:08 1:49	9:50 1:42	11:22 1:32	12:12 0:50	13:02 0:50	13:46 0:44	14:26 0:40	15:54 1:28	
4		Alessa Oehler Widnau OGW	23:13	1:30 1:30 0:47	2:27 0:57 0:17	6:35 4:08	7:32 0:57	8:30 0:58	11:21 2:51	13:48 2:27	15:25 1:37	17:23 1:58	18:26 1:03	19:19 0:53	20:10 0:51	20:50 0:40	22:09 1:19	
5		Josephine Thamm Widnau OGW	23:50	2:07 2:07 0:46	3:04 0:57 0:17	7:13 4:09	8:04 0:51	9:07 1:03	11:53 2:46	14:23 2:30	16:08 1:45	18:03 1:55	19:04 1:01	19:53 0:49	20:45 0:52	21:24 0:39	22:47 1:23	
6		Thaqui Lawenta Widnau OGW	24:39	0:49 0:49 0:32	2:25 1:36 0:18	4:05 1:40	4:50 0:45	6:26 1:36	9:31 3:05	12:28 2:57	13:52 1:24	16:41 2:49	18:05 1:24	19:35 1:30	20:18 0:43	21:15 0:57	23:49 2:34	
7		Eveline Bollhalder Teufen	24:45	1:44 1:44 0:41	3:06 1:22 0:17	4:51 1:45	5:44 0:53	7:48 2:04	10:34 2:46	13:12 2:38	14:13 1:01	16:31 2:18	17:44 1:13	19:16 1:32	20:24 1:08	21:34 1:10	23:47 2:13	
8		Leoni Mayer Widnau	25:02	0:51 0:51 0:41	2:16 1:25 0:17	3:29 1:13	4:19 0:50	5:38 1:19	8:40 3:02	12:18 3:38	14:43 2:25	17:33 2:50	19:32 1:59	21:02 1:30	21:43 0:41	22:43 1:00	24:04 1:21	
9		Elena Mastrapovic Widnau OGW	25:10	1:13 1:13 0:32	2:57 1:44 0:15	4:38 1:41	5:24 0:46	7:05 1:41	9:56 2:51	13:01 3:05	14:33 1:32	17:23 2:50	18:34 1:11	20:09 1:35	20:54 0:45	21:53 0:59	24:23 2:30	
10		Lea Köppel Widnau OGW	26:46	1:46 1:46 0:32	5:52 4:06 0:15	8:49 2:57	9:27 0:38	10:58 1:31	13:57 2:59	15:51 1:54	16:52 1:01	18:45 1:53	19:47 1:02	20:52 1:05	21:36 0:44	22:26 0:50	25:59 3:33	
11		Roswitha Eisenring St. Gallen	27:20	3:48 3:48 0:37	5:14 1:26 0:15	6:02 0:48	6:46 0:44	8:09 1:23	10:32 2:23	12:17 1:45	13:10 0:53	16:16 3:06	17:28 1:12	18:27 0:59	21:33 3:06	22:32 0:59	26:28 3:56	
12		Zoe Yi Trau Widnau OGW	29:06	1:34 1:34 0:33	4:21 2:47 0:14	5:30 1:09	6:10 0:40	7:14 1:04	10:10 2:56	13:20 3:10	14:51 1:31	17:15 2:24	18:40 1:25	20:05 1:25	20:53 0:48	21:42 0:49	28:19 6:37	

Pl	tnr	Name	Zeit															
Plausch kurz (17)				2.0 km 0 Hm		15 P			(Forts.)									
				1(79) 15(100)	2(81) Ziel	3(82)	4(83)	5(85)	6(87)	7(76)	8(71)	9(73)	10(103)	11(74)	12(62)	13(67)	14(77)	
13		Lili Strauch Widnau OGW	29:41	1:20 1:20 29:27 0:30	2:34 1:14 29:41 0:14	9:05 6:31 7:49 *80	9:47 0:42 1:27	11:14 1:27	15:24 4:10	18:32 3:08	19:53 1:21	22:28 2:35	24:58 2:30	26:12 1:14	27:03 0:51	27:50 0:47	28:57 1:07	
14		Ennia Sieber Widnau	33:34	1:18 1:18 32:54 0:55	3:20 2:02 33:34 0:40	4:43 1:23 4:43 0:40	5:55 1:12 5:55 0:40	7:52 1:57	12:05 4:13	16:14 4:09	18:26 2:12	22:14 3:48	24:17 2:03	26:22 2:05	27:54 1:32	29:28 1:34	31:59 2:31	
15		Selina Kluser Hinterforst	40:08	4:31 4:31 39:36 1:03	7:47 3:16 40:08 0:32	12:04 4:17 12:04 0:32	13:13 1:09 13:13 0:32	14:50 1:37	18:54 4:04	22:25 3:31	26:11 3:46	29:34 3:23	31:05 1:31	32:39 1:34	34:02 1:23	35:16 1:14	38:33 3:17	
16		Naemi Dethomas Widnau	45:50	3:52 3:52 45:10 1:17	6:22 2:30 45:50 0:40	8:50 2:28 8:50 0:40	10:27 1:37 10:27 0:40	13:50 3:23	19:35 5:45	24:36 5:01	26:48 2:12	31:24 4:36	33:53 2:29	36:32 2:39	38:23 1:51	40:21 1:58	43:53 3:32	
		Vera Thurnheer Widnau OGW	Fehlst	1:16 1:16 41:17 0:27	2:15 0:59 41:30 0:13	----- 20:06 17:51	----- 20:06 17:51	----- 20:06 17:51	26:42 6:36	29:19 2:37	30:35 1:16	33:04 2:29	34:12 1:08	35:11 0:59	36:14 1:03	37:02 0:48	40:50 3:48	
Plausch mittel (29)				2.4 km 0 Hm		18 P												
				1(79) 15(62)	2(81) 16(67)	3(80) 17(77)	4(83) 18(100)	5(75) Ziel	6(71)	7(76)	8(88)	9(72)	10(106)	11(107)	12(105)	13(103)	14(74)	
1		Laurin Eugster Widnau	21:00	1:02 1:02 18:49 0:28	1:47 0:45 19:23 0:34	3:44 1:57 20:24 1:01	4:44 1:00 20:48 0:24	6:00 1:16 21:00 0:12	8:17 2:17	8:58 0:41	10:32 1:34	11:09 0:37	14:26 3:17	15:14 0:48	16:35 1:21	17:25 0:50	18:21 0:56	
2		Julia Blatter Widnau	22:49	1:11 1:11 19:04 0:51	3:16 2:05 19:36 0:32	3:57 0:41 21:28 1:52	5:05 1:08 22:07 0:39	6:21 1:16 22:49 0:42	8:37 2:16	9:20 0:43	10:25 1:05	11:03 0:38	13:42 2:39	14:53 1:11	15:55 1:02	17:04 1:09	18:13 1:09	
3		Petra Frei Widnau	23:50	1:05 1:05 21:16 0:34	2:42 1:37 21:59 0:43	3:47 1:05 23:04 1:05	5:28 1:41 23:37 0:33	6:59 1:31 23:50 0:13	9:43 2:44	10:34 0:51	12:28 1:54	13:26 0:58	16:29 3:03	17:36 1:07	18:36 1:00	19:48 1:12	20:42 0:54	
4		Fredy fredy&zili.ch Bichwil	25:06	0:58 0:58 21:35 1:11	1:53 0:55 22:20 0:45	2:33 0:40 24:11 1:51	4:02 1:29 24:46 0:35	5:20 1:18 25:06 0:20	8:00 2:40	8:53 0:53	10:19 1:26	11:07 0:48	14:16 3:09	17:18 3:02	18:15 0:57	19:26 1:11	20:24 0:58	
5		Jennifer Wiederkeh Widnau	25:15	1:05 1:05 22:37 0:47	2:36 1:31 23:14 0:37	3:36 1:00 24:27 1:13	5:02 1:26 25:00 0:33	6:52 1:50 25:15 0:15	9:56 3:04	11:08 1:12	12:28 1:20	13:35 1:07	17:09 3:34	18:27 1:18	19:32 1:05	20:50 1:18	21:50 1:00	
6		Simon Blatter Widnau	25:30	1:58 1:58 22:03 0:46	3:07 1:09 22:38 0:35	4:22 1:15 24:25 1:47	5:34 1:12 25:05 0:40	6:57 1:23 25:30 0:25	9:31 2:34	10:25 0:54	11:42 1:17	13:06 1:24	15:58 2:52	17:08 1:10	18:10 1:02	20:04 1:54	21:17 1:13	
7		Silas Müller Steinach	27:14	1:00 1:00 23:12 1:20	2:32 1:32 24:39 1:27	3:32 1:00 26:30 1:51	5:24 1:52 26:58 0:28	7:11 1:47 27:13 0:15	10:02 2:51	11:05 1:03	12:47 1:42	13:45 0:58	16:24 2:39	18:08 1:44	19:12 1:04	20:37 1:25	21:52 1:15	
8		Olivia Looser Trogen	27:45	1:09 1:09 24:26 1:00	3:12 2:03 25:18 0:52	4:08 0:56 26:56 1:38	5:54 1:46 27:28 0:32	7:39 1:45 27:44 0:16	11:19 3:40	12:22 1:03	14:01 1:39	14:57 0:56	18:20 3:23	19:47 1:27	20:54 1:07	22:23 1:29	23:26 1:03	
9		Nivia LadalarDO Widnau OGW	27:54	0:59 0:59 23:06 1:03	2:32 1:33 24:11 1:05	3:18 0:46 26:27 2:16	4:57 1:39 27:23 0:56	7:09 2:12 27:54 0:31	9:20 2:11	10:03 0:43	10:58 0:55	12:04 1:06	15:51 3:47	17:16 1:25	18:35 1:19	20:30 1:55	22:03 1:33	
10		Raoul Müller Steinach	28:23	1:57 1:57 24:15 1:17	3:41 1:44 25:34 1:19	4:37 0:56 27:32 1:58	6:33 1:56 28:03 0:31	8:12 1:39 28:23 0:20	11:13 3:01	12:08 0:55	13:50 1:42	14:50 1:00	17:35 2:45	19:16 1:41	20:15 0:59	21:38 1:23	22:58 1:20	
11		Manuel Wetter Bühler	28:56	0:50 0:50 25:09 1:06	2:21 1:31 25:53 0:44	3:12 0:51 27:54 2:01	4:32 1:20 28:35 0:41	5:44 1:12 28:55 0:20	8:31 2:47	9:25 0:54	12:14 2:49	12:55 0:41	16:49 3:54	20:57 4:08	21:52 0:55	23:13 1:21	24:03 0:50	
12		Ladina Schapper Niederteufen	30:42	0:46 0:46 27:17 0:59	3:01 2:15 27:50 0:33	3:34 0:33 29:29 1:39	4:48 1:14 30:15 0:46	6:17 1:29 30:41 0:26	12:56 6:39	14:00 1:04	15:36 1:36	16:30 0:54	20:15 3:45	21:49 1:34	23:08 1:19	24:49 1:41	26:18 1:29	
13		Rino Frei Widnau	30:56	0:59 0:59 26:59 0:48	2:51 1:52 27:41 0:42	3:46 0:55 30:09 2:28	5:19 1:33 30:41 0:32	7:07 1:48 30:56 0:15	9:48 2:41	10:37 0:49	12:03 1:26	12:56 0:53	17:36 4:40	19:03 1:27	22:55 3:52	24:44 1:49	26:11 1:27	

Pl	tnr	Name	Zeit															
Plausch mittel (29)				2.4 km 0 Hm			18 P		(Forts.)									
				1(79) 15(62)	2(81) 16(67)	3(80) 17(77)	4(83) 18(100)	5(75) Ziel	6(71)	7(76)	8(88)	9(72)	10(106)	11(107)	12(105)	13(103)	14(74)	
14		Josre-Lena Madsen Widnau OGW	31:52	0:58 0:58 27:40 1:16	2:27 1:29 29:23 1:43	3:17 0:50 30:57 1:34	5:08 1:51 31:38 0:41	6:50 1:42 31:52 0:14	11:44 4:54	12:48 1:04	14:35 1:47	15:25 0:50	20:44 5:19	22:20 1:36	23:27 1:07	25:34 2:07	26:24 0:50	
15		Elvira Gjuria Widnau OGW	31:53	0:58 27:36 1:10	1:27 29:21 1:45	0:54 31:02 1:41	1:45 31:39 0:37	1:40 31:53 0:14	11:42 4:58	12:49 1:07	14:39 1:50	15:37 0:58	20:40 5:03	22:16 1:36	23:18 1:02	25:32 2:14	26:26 0:54	
16		Lara Steiger Widnau OGW	32:40	0:39 28:40 0:57	1:57 29:29 0:49	3:01 31:31 2:02	5:17 32:24 0:53	7:39 32:40 0:16	11:31 3:52	12:47 1:16	14:34 1:47	15:56 1:22	20:40 4:44	22:49 2:09	24:18 1:29	26:26 2:08	27:43 1:17	
17		Sirine Amara Widnau OGW	33:37	0:59 30:26 0:51	2:41 31:17 0:51	3:46 32:55 1:38	5:53 33:26 0:31	7:53 33:37 0:11	11:17 3:24	12:00 0:43	12:58 0:58	14:06 1:08	17:51 3:45	19:35 1:44	20:48 1:13	22:37 1:49	29:35 6:58	
18		Samira Moser Widnau OGW	33:47	1:35 1:35 29:01 1:08	3:08 1:33 30:04 1:03	4:02 0:54 32:18 2:14	5:19 1:17 33:17 0:59	7:55 2:36 33:47 0:30	12:06 4:11	13:26 1:20	15:31 2:05	16:47 1:16	21:16 4:29	23:13 1:57	24:28 1:15	26:21 1:53	27:53 1:32	
19		Annica Breu Widnau OGW	34:04	1:43 1:43 30:06 0:55	3:24 1:41 31:00 0:54	4:25 1:01 32:52 1:52	6:44 2:19 33:45 0:53	9:03 2:19 34:04 0:19	12:51 3:48	14:08 1:17	16:00 1:52	17:21 1:21	22:05 4:44	24:14 2:09	25:43 1:29	27:52 2:09	29:11 1:19	
20		Theo Kellenberger Widnau	36:59	1:25 30:13 0:55	3:02 31:12 0:59	3:45 36:06 4:54	5:01 36:33 0:27	6:50 36:59 0:26	12:36 5:46	13:25 0:49	14:54 1:29	16:10 1:16	19:43 3:33	21:32 1:49	26:03 4:31	28:11 2:08	29:18 1:07	
21		Chiara Skaro Widnau OGW	39:00	1:23 35:49 0:52	4:03 36:36 0:47	4:58 38:14 1:38	10:30 38:48 0:34	12:41 39:00 0:12	16:01 3:20	17:16 1:15	18:21 1:05	19:25 1:04	23:13 3:48	24:57 1:44	26:08 1:11	28:00 1:52	34:57 6:57	
22		Romina Köppel Widnau OGW	40:22	2:00 35:40 1:23	3:41 36:25 0:45	5:10 39:40 3:15	7:30 40:05 0:25	11:02 40:22 0:17	14:46 3:44	18:19 3:33	19:55 1:36	21:08 1:13	26:33 5:25	28:44 2:11	30:23 1:39	32:45 2:22	34:17 1:32	
23		Milena Frey Widnau	40:55	1:03 1:03 30:52 0:50	3:54 2:51 31:37 0:45	5:07 1:13 39:36 7:59	6:33 1:26 40:21 0:45	8:13 1:40 40:55 0:34	12:02 3:49	13:19 1:17	16:03 2:44	17:24 1:21	21:49 4:25	25:05 3:16	26:19 1:14	28:48 2:29	30:02 1:14	
24		Noelia Sieber Widnau	42:13	1:37 33:57 0:47	3:08 34:35 0:38	4:14 41:24 6:49	5:47 41:57 0:33	10:56 42:13 0:16	15:22 4:26	16:16 0:54	18:16 2:00	19:33 1:17	25:10 5:37	29:02 3:52	29:56 0:54	31:44 1:48	33:10 1:26	
25		Rebecca Moser Widnau	44:29	2:13 2:13 41:41 0:35	3:51 1:38 42:22 0:41	4:53 1:02 43:45 1:23	6:18 1:25 44:07 0:22	7:50 1:32 44:29 0:22	27:41 19:51	28:45 1:04	30:33 1:48	31:22 0:49	35:21 3:59	37:06 1:45	38:38 1:32	40:02 1:24	41:06 1:04	
26		Lina Bislimi Widnau	1:19:34	1:59 1:59 1:16:32 0:53	8:18 6:19 1:17:20 0:48	9:56 1:38 1:18:40 1:20	11:59 2:03 1:19:17 0:37	16:39 4:40 1:19:34 0:17	46:40 30:01	49:12 2:32	52:10 2:58	53:23 1:13	59:55 6:32	1:12:12 12:17	1:13:10 0:58	1:14:35 1:25	1:15:39 1:04	
		Michelle Luong Widnau OGW	Fehlst	4:12 4:12 -----	5:34 1:22 30:54	6:08 0:34 32:15	7:13 1:05 32:43	----- 32:56 0:13	13:30 6:17	----- 3:00	16:30 3:00	17:50 1:20	20:24 2:34	21:38 1:14	25:22 3:44	----- 3:44	28:29 3:07	
		Sarah Alge Widnau OGW	Fehlst	2:19 2:19 32:33 0:43	4:05 1:46 33:09 0:36	4:50 0:45 34:05 0:56	6:19 1:29 ----- 34:44	7:41 1:22 0:39	10:54 3:13	19:51 8:57	21:13 1:22	22:19 1:06	27:22 5:03	28:36 1:14	29:27 0:51	30:57 1:30	31:50 0:53	
		Luna Hollihn Widnau OGW	Fehlst	0:44 0:44 29:41 0:45	2:22 1:38 31:18 1:37	3:04 0:42 33:59 2:41	4:17 1:13 35:18 1:19	----- 35:58 0:40	14:01 9:44	14:53 0:52	16:35 1:42	17:36 1:01	22:39 5:03	24:13 1:34	25:20 1:07	27:29 2:09	28:56 1:27	
Plausch lang (19)				2.9 km 0 Hm			21 P											
				1(79) 15(73)	2(81) 16(74)	3(80) 17(111)	4(83) 18(61)	5(85) 19(67)	6(87) 20(77)	7(110) 21(100)	8(71) Ziel	9(89)	10(88)	11(72)	12(106)	13(107)	14(105)	
1		Rubén Bühler Widnau	16:41	0:30 0:30 12:55 0:49	1:56 1:26 13:58 1:03	2:30 0:34 14:34 0:36	3:14 0:44 14:59 0:25	3:54 0:40 15:25 0:26	5:25 1:31 16:08 0:43	5:55 0:30 16:30 0:22	6:32 0:37 16:41 0:11	7:36 1:04	8:14 0:38	8:45 0:31	10:29 1:44	11:11 0:42	12:06 0:55	
2		Matthias Sieber Widnau OGW	17:32	0:45 0:45 13:36 0:53	1:45 1:00 14:33 0:57	2:17 0:54 15:07 0:34	3:11 0:50 15:48 0:41	4:01 0:50 16:15 0:27	5:38 1:37	6:11 0:33	6:52 0:41	8:00 1:08	8:38 0:38	9:12 0:34	11:07 1:55	11:57 0:50	12:43 0:46	

Pl	tnr	Name	Zeit														
				2.9 km 0 Hm			21 P		(Forts.)								
				1(79)	2(81)	3(80)	4(83)	5(85)	6(87)	7(110)	8(71)	9(89)	10(88)	11(72)	12(106)	13(107)	14(105)
				15(73)	16(74)	17(111)	18(61)	19(67)	20(77)	21(100)	Ziel						
3		Sebastian Spirig Widnau	18:32	0:47 0:47 14:05	1:29 0:42 15:06	2:04 0:35 15:41	3:07 1:03 16:03	3:47 0:40 16:32	5:42 1:55 17:29	6:15 0:33 18:16	6:57 0:42 18:32	8:03 1:06 8:38	8:38 0:35 9:08	9:08 0:30 11:15	12:25 2:07 12:10	13:07 0:42 13:07	
4		Nina Gubelmann Widnau	21:21	0:58 1:11 16:23	1:01 1:57 17:38	0:35 2:31 18:25	0:22 3:38 18:54	0:29 4:32 19:27	0:57 6:37 20:33	0:47 7:16 21:03	0:16 8:08 21:20	9:34 1:26 10:18	10:56 0:44 10:38	13:20 2:24 13:22	14:32 1:12 14:12	15:14 0:42 15:14	
5		Alessia Köppel Widnau OGW	21:23	1:09 0:49 15:08	1:15 1:42 16:20	0:47 2:31 18:34	0:29 3:29 19:04	0:33 4:17 19:36	1:06 6:11 20:33	0:30 6:49 21:09	0:17 7:36 21:23	8:57 1:21 9:40	9:40 0:43 10:16	12:31 2:15 13:22	13:22 0:51 14:06	14:06 0:44 14:06	
6		Heini Benz Altstätten	26:04	1:02 3:06 19:38	1:12 4:06 21:03	2:14 4:54 22:36	0:30 6:06 23:12	0:32 7:01 23:50	0:57 9:03 25:06	0:36 1:06 25:44	0:14 0:17 26:04	12:12 1:37 13:03	13:03 0:51 13:50	16:10 2:20 16:10	17:27 1:17 17:27	18:31 1:04 18:31	
7		Flavia Köppel Widnau OGW	26:09	1:07 0:53 20:04	1:25 1:33 21:33	1:33 0:43 22:25	0:36 2:04 22:57	0:38 1:24 23:36	0:38 2:03 25:33	1:16 3:03 25:57	0:38 0:56 26:09	12:17 1:55 13:05	13:05 0:48 13:58	16:48 2:50 16:48	17:35 0:47 17:35	18:53 1:18 18:53	
8		Ina Egger Widnau OGW	28:14	1:11 0:51 22:02	1:29 0:50 23:38	0:52 0:43 24:35	0:32 1:13 25:03	0:39 1:16 25:44	1:57 3:03 27:38	0:24 1:00 28:02	0:12 0:53 28:14	11:58 2:09 12:37	12:37 0:39 13:44	17:11 1:07 17:11	18:40 1:29 18:40	20:27 1:47 20:27	
8		Lola Canavale Widnau OGW	28:14	1:35 0:41 22:04	1:36 3:03 23:33	0:57 0:43 24:26	0:28 1:16 25:05	0:41 0:58 25:38	1:54 2:24 27:09	0:24 0:39 27:43	0:12 0:31 28:14	13:09 2:24 14:00	14:00 0:51 15:26	18:30 3:04 18:30	19:59 1:29 19:59	21:02 1:03 21:02	
10		Elea Koster Widnau OGW	28:40	1:02 1:00 21:38	1:29 2:27 23:07	0:53 0:51 25:08	0:39 1:21 26:05	0:33 1:07 26:50	1:31 2:24 27:57	0:34 0:43 28:27	0:31 1:05 28:40	12:42 1:44 13:40	13:40 0:58 14:27	17:35 3:08 17:35	18:49 1:14 18:49	20:26 1:37 20:26	
11		Hannah Axthelm Widnau OGW	29:30	1:12 0:49 23:13	1:29 2:12 25:11	2:01 2:45 25:55	0:57 3:51 26:42	0:45 4:56 27:32	1:07 7:44 28:48	0:30 9:14 29:17	0:13 10:12 29:30	12:00 1:48 13:13	13:13 1:13 14:32	17:14 2:42 17:14	18:19 1:05 18:19	22:03 3:44 22:03	
12		Sahra Vzdilli Widnau OGW	30:17	1:10 1:36 23:46	1:58 2:59 25:42	0:44 3:32 26:43	0:47 4:36 27:26	0:50 5:48 28:18	1:16 8:30 29:41	0:29 10:01 30:05	0:13 10:57 30:17	12:53 1:56 13:58	13:58 1:05 15:19	17:50 2:31 17:50	19:04 1:14 19:04	22:51 3:47 22:51	
13		Livio Zellweger Widnau OGW	31:19	0:55 1:09 25:20	1:56 2:05 26:39	1:01 2:47 27:39	0:43 4:01 28:07	0:52 4:56 28:44	1:23 7:23 30:22	0:24 8:07 30:59	0:12 9:05 31:19	10:40 1:35 11:31	11:31 0:51 12:15	22:27 0:44 22:27	23:20 0:53 23:20	24:07 0:47 24:07	
14		Anouk Frei Widnau OGW	31:32	1:13 1:15 23:46	1:19 3:08 26:06	1:00 4:07 27:10	0:28 5:28 27:53	0:37 6:33 28:49	1:38 9:35 30:29	0:37 10:40 31:09	0:20 11:33 31:32	13:36 2:03 14:11	14:11 0:35 15:37	19:23 1:26 19:23	21:18 3:46 21:18	22:36 1:55 22:36	
15		Leander Hilck Kriessern	33:54	1:10 2:23 22:06	2:20 3:23 24:12	1:04 4:16 30:29	0:43 5:26 30:57	0:56 6:28 31:35	1:40 8:52 33:11	0:40 9:49 33:40	0:23 10:54 33:54	12:49 1:55 13:54	13:54 1:05 14:52	18:10 3:18 18:10	19:35 1:25 19:35	20:43 1:08 20:43	
16		Samantha Keller Widnau OGW	33:59	1:23 0:52 26:13	2:06 3:16 28:33	6:17 4:03 29:34	0:28 5:28 30:18	0:38 7:03 31:13	1:36 9:54 32:56	0:29 11:04 33:33	0:14 12:08 33:59	14:51 2:43 15:56	16:20 1:29 17:41	21:48 4:07 21:48	23:41 1:53 23:41	25:00 1:19 25:00	
17		Luana Liechti Widnau OGW	34:22	1:13 1:51 28:08	2:20 1:41 29:46	1:01 4:00 30:38	0:44 0:59 31:14	0:55 2:27 31:53	1:43 3:01 33:43	0:37 1:06 34:09	0:26 15:05 34:22	18:01 2:05 18:44	18:44 0:43 19:39	23:12 3:33 23:12	24:45 1:33 24:45	26:32 1:47 26:32	
18		Julia Fässler Widnau OGW	38:54	1:36 2:27 28:26	1:38 1:10 30:54	0:52 1:02 33:58	0:36 1:17 35:31	0:39 1:56 36:33	1:50 3:11 38:14	0:26 1:07 38:40	0:13 13:40 38:54	16:28 2:48 17:51	17:51 1:23 18:58	23:28 4:30 23:28	25:07 1:39 25:07	26:22 1:15 26:22	
19		Yara Schweizer Widnau OGW	39:33	2:04 1:01 31:33	2:28 1:48 33:26	3:04 4:18 34:57	1:33 2:18 35:29	1:02 3:10 36:02	1:41 9:46 38:52	0:26 11:43 39:18	0:14 13:36 39:33	17:40 4:04 18:40	19:03 1:23 19:03	20:17 1:14 20:17	25:45 5:28 25:45	27:56 2:11 27:56	29:31 1:35 29:31
				2:02	1:53	1:31	0:32	0:33	2:50	0:26	0:15						
				15:15	16:09	16:46	17:09	17:20	0:11								
				0:21	0:54	0:37	0:23	0:11									
				0:34	1:35	4:17	4:41	5:56	6:51	8:10	8:35	10:29	10:48	12:39	14:04	14:41	14:54
				0:34	1:01	2:42	0:24	1:15	0:55	1:19	0:25	1:54	0:19	1:51	1:25	0:37	0:13
				15:15	16:09	16:46	17:09	17:20	0:11								
				0:21	0:54	0:37	0:23	0:11									
				1(69)	2(80)	3(86)	4(84)	5(71)	6(108)	7(109)	8(72)	9(91)	10(104)	11(68)	12(61)	13(63)	14(111)
				15(64)	16(65)	17(70)	18(100)	Ziel									
1		Marco Seppi Altstätten	17:20	0:34 0:34 15:15	1:35 1:01 16:09	4:17 2:42 16:46	4:41 0:24 17:09	5:56 1:15 17:20	6:51 0:55 8:10	8:10 1:19 9:29	8:35 0:25 10:29	10:29 1:54 11:44	10:48 0:19 12:03	12:39 1:51 14:04	14:41 1:25 14:41	14:54 0:13 14:54	

Pl	tnr	Name	Zeit															
OL Mittel (6)					3.6 km 0 Hm				21 P				<i>(Forts.)</i>					
			1(69)	2(80)	3(86)	4(84)	5(89)	6(108)	7(109)	8(72)	9(91)	10(103)	11(101)	12(102)	13(106)	14(68)		
			15(61)	16(63)	17(111)	18(64)	19(65)	20(70)	21(100)	Ziel								
6		Wolfgang Marcher	36:50	1:35	2:56	7:19	7:54	10:23	12:09	13:45	14:17	17:04	18:29	20:12	20:31	22:49	26:45	
		Arbon		1:35	1:21	4:23	0:35	2:29	1:46	1:36	0:32	2:47	1:25	1:43	0:19	2:18	3:56	
				28:48	29:44	30:11	30:48	32:26	33:37	36:34	36:50							
				2:03	0:56	0:27	0:37	1:38	1:11	2:57	0:16							