

RHEINTALER OL-CUP

OLG
ST.GALEN
APPENZEL

RANGLISTE MIT ZWISCHENZEITEN 11. WIDNAUER DORF-OL 2019



**St.Galler
Kantonalbank**

erdgas 
GRAVAG

Kobelt 

KÜHNIS SEHEN+HÖREN



rhenusana
die rheintaler krankenkasse



Pl	tnr	Name	Zeit	1.8 km 0 Hm			16 P											
				1(62) 15(90)	2(67) 16(100)	3(64) Ziel	4(65)	5(78)	6(70)	7(80)	8(81)	9(87)	10(82)	11(84)	12(89)	13(110)	14(112)	
Schüler (9)																		
1		Jannis Riediker	9:27	0:20 0:20 8:54 0:35	1:05 0:45 9:11 0:17	1:42 0:37 9:26 0:15	2:29 0:47	2:52 0:23	3:40 0:48	4:08 0:28	5:07 0:59	5:27 0:20	5:56 0:29	6:23 0:27	7:26 1:03	7:52 0:26	8:19 0:27	
2		Eric Meier Berg	11:14	0:25 0:25 10:38 0:41	1:21 0:56 11:00 0:22	1:59 0:38 11:14 0:13	2:46 0:47	3:12 0:26	3:58 0:46	4:27 0:29	5:26 0:59	5:50 0:24	7:27 1:37	7:55 0:28	9:02 1:07	9:29 0:27	9:57 0:28	
3		Luis Meier Berg	11:44	0:23 0:23 11:12 0:34	1:09 0:46 11:30 0:18	1:51 0:42 11:43 0:13	2:37 0:46	3:01 0:24	3:48 0:47	4:16 0:28	5:13 0:57	5:31 0:18	8:26 2:55	8:53 0:27	9:45 0:52	10:12 0:27	10:38 0:26	
4		Darius Rutz St. Gallen	14:05	0:32 0:32 13:23 0:51	1:33 1:01 13:50 0:27	2:20 0:47 14:05 0:15	3:21 1:01	4:06 0:45	5:12 1:06	5:47 0:35	7:27 1:40	7:53 0:26	8:44 0:51	9:22 0:38	10:49 1:27	11:40 0:51	12:32 0:52	
5		David Razkosny Buchs	16:12	0:56 0:56 15:08 1:57	2:04 1:08 15:55 0:47	3:01 0:57 16:11 0:16	4:12 1:11	4:45 0:33	5:49 1:04	6:34 0:45	8:03 1:29	8:36 0:33	9:23 0:47	10:10 0:47	11:38 1:28	12:23 0:45	13:11 0:48	
6		Michael Wetter Bühler	16:48	0:50 0:50 15:49 0:49	1:55 1:05 16:31 0:42	2:51 0:56 16:47 0:16	3:41 0:50	4:34 0:53	5:27 0:53	6:18 0:51	7:55 1:37	8:17 0:22	11:15 2:58	11:52 0:37	13:32 1:40	14:14 0:42	15:00 0:46	
7		Janik Good Nussbaumen	18:03	0:28 0:28 17:29 1:40	1:38 1:10 17:49 0:20	2:31 0:53 18:03 0:13	3:26 0:55	4:07 0:41	5:08 1:01	5:48 0:40	7:26 1:38	7:57 0:31	12:00 4:03	12:28 0:28	14:00 1:32	14:53 0:53	15:49 0:56	
8		Linus Mattle St. Margrethen	28:53	1:01 1:01 27:39 1:52	3:15 2:14 28:36 0:57	4:24 1:09 28:52 0:16	7:18 2:54	8:41 1:23	10:46 2:05	12:08 1:22	15:58 3:50	17:06 1:08	17:57 0:51	18:52 0:55	22:07 3:15	23:55 1:48	25:47 1:52	
		Lars Friedli Buchakern	Fehlst	0:25 0:25 26:05 2:58	5:15 4:50 26:42 0:37	6:03 0:48 26:58 0:16	7:09 1:06	7:43 0:34	8:32 0:49	9:10 0:38	10:55 1:45	11:36 0:41	15:02 3:26	15:34 0:32	22:14 6:40	23:07 0:53	-----	
Schülerinnen (4)																		
				1(62) 15(90)	2(67) 16(100)	3(64) Ziel	4(65)	5(78)	6(70)	7(80)	8(81)	9(87)	10(82)	11(84)	12(89)	13(110)	14(112)	
1		Maira Narr Berg	13:49	0:42 0:42 13:00 0:46	1:56 1:14 13:29 0:29	2:41 0:45 13:48 0:19	3:38 0:57	4:10 0:32	5:20 1:10	5:51 0:31	7:11 1:20	7:35 0:24	8:16 0:41	8:50 0:34	10:16 1:26	11:12 0:56	12:14 1:02	
2		Jana Sutter Appenzell	14:19	0:29 0:29 13:33 2:29	1:25 0:56 14:02 0:29	2:10 0:45 14:18 0:16	3:09 0:59	3:38 0:29	5:39 2:01	6:07 0:28	7:12 1:05	7:36 0:24	8:11 0:35	8:46 0:35	9:53 1:07	10:28 0:35	11:04 0:36	
3		Nina Sutter Appenzell	14:21	0:26 0:26 13:42 1:47	1:25 0:59 14:06 0:24	2:11 0:46 14:21 0:15	3:05 0:54	3:34 0:29	5:02 1:28	5:38 0:36	7:08 1:30	7:35 0:27	8:29 0:54	9:26 0:57	10:43 1:17	11:22 0:39	11:55 0:33	
4		Olivia Looser Trogen	27:23	0:46 0:46 26:41 3:04	3:16 2:30 27:04 0:23	5:03 1:47 27:23 0:19	6:56 1:53	9:05 2:09	10:50 1:45	11:58 1:08	14:22 2:24	15:37 1:15	19:20 3:43	20:04 0:44	21:45 1:41	22:39 0:54	23:37 0:58	
Jugend Knaben (3)																		
				1(61) 15(101)	2(111) 16(90)	3(63) 17(100)	4(68) Ziel	5(70)	6(75)	7(76)	8(77)	9(79)	10(86)	11(83)	12(85)	13(103)	14(102)	
1		Philipp Wetter Bühler	22:47	1:52 1:52 21:19 1:47	2:23 0:31 22:06 0:47	3:45 1:22 22:33 0:27	6:55 3:10 22:46 0:13	8:18 1:23	9:15 0:57	10:14 0:59	11:09 0:55	12:39 1:30	13:40 1:01	15:43 2:03	16:58 1:15	19:11 2:13	19:32 0:21	
2		Fabio Ponticelli St. Margrethen	25:16	2:17 2:17 23:59 1:03	3:03 0:46 24:40 0:41	6:16 3:13 25:03 0:23	9:59 3:43 25:15 0:12	11:16 1:17	12:09 0:53	13:02 0:53	14:00 0:58	16:31 2:31	17:47 1:16	19:33 1:46	20:45 1:12	22:42 1:57	22:56 0:14	
3		Laurin Eugster Widnau	27:46	1:01 1:01 26:04 1:20	2:00 0:59 27:05 1:01	3:58 1:58 27:31 0:26	7:10 3:12 27:46 0:14	8:51 1:41	10:13 1:22	11:21 1:08	13:29 2:08	15:45 2:16	17:19 1:34	20:06 2:47	21:37 1:31	24:20 2:43	24:44 0:24	

Pl	tnr	Name	Zeit														
Herren (8)				3.2 km 0 Hm					18 P					<i>(Forts.)</i>			
				1(113) 15(91)	2(111) 16(112)	3(63) 17(90)	4(69) 18(100)	5(72) Ziel	6(73)	7(75)	8(77)	9(76)	10(79)	11(88)	12(102)	13(103)	14(84)
3		Markus Weber Walzenhausen	22:28	1:12 1:12 20:25 1:48	1:46 0:34 21:16 0:51	3:10 1:24 21:53 0:37	5:27 2:17 22:12 0:19	7:45 2:18 22:28 0:16	8:19 0:34	9:27 1:08	11:11 1:44	12:06 0:55	13:42 1:36	15:36 1:54	16:53 1:17	17:09 0:16	18:37 1:28
4		Miklas Kossert Au	24:53	1:17 1:17 23:00 2:00	1:54 0:37 23:46 0:46	3:09 1:15 24:19 0:33	5:40 2:31 24:40 0:21	10:55 5:15 24:52 0:12	11:26 0:31	12:23 0:57	13:57 1:34	14:43 0:46	16:03 1:20	18:04 2:01	19:32 1:28	19:46 0:14	21:00 1:14
5		Christoph Wächter St. Gallen	27:13	1:22 1:22 24:54 2:04	2:25 1:03 25:55 1:01	3:53 1:28 26:33 0:38	6:27 2:34 26:57 0:24	10:31 4:04 27:13 0:16	11:09 0:38	12:26 1:17	14:32 2:06	15:26 0:54	17:21 1:55	19:15 1:54	20:38 1:23	21:10 0:32	22:50 1:40
6		Josué Lerma St. Gallen	34:20	2:59 2:59 30:55 2:10	3:53 0:54 32:21 1:26	5:29 1:36 33:38 1:17	8:38 3:09 34:03 0:25	11:34 2:56 34:20 0:17	12:15 0:41	13:41 1:26	18:56 5:15	19:40 0:44	21:35 1:55	24:10 2:35	26:23 2:13	26:48 0:25	28:45 1:57
7		Christian Maier Arbon	36:32	4:58 4:58 31:23 2:21	5:42 0:44 32:22 0:59	7:15 1:33 35:30 3:08	10:46 3:31 36:17 0:47	13:27 2:41 36:32 0:15	14:16 0:49	15:29 1:13	18:48 3:19	19:45 0:57	21:42 1:57	25:00 3:18	26:33 1:33	26:55 0:22	29:02 2:07
		Sebastian Knorr Berneck	Fehlst	1:37 1:37 27:10 2:03	2:18 0:41 35:25 8:15	3:51 1:33 36:11 0:46	----- 9:14 37:02 0:29	13:05 9:14 37:02 0:22	13:45 0:40	14:55 1:10	16:58 2:03	17:57 0:59	19:56 1:59	21:47 1:51	23:09 1:22	23:28 0:19	25:07 1:39
Damen (5)				3.2 km 0 Hm					18 P								
				1(113) 15(91)	2(111) 16(112)	3(63) 17(90)	4(69) 18(100)	5(72) Ziel	6(73)	7(75)	8(77)	9(76)	10(79)	11(88)	12(102)	13(103)	14(84)
1		Flavia Steffen Rebstein	25:04	1:21 1:21 22:45 2:01	1:58 0:37 23:42 0:57	3:29 1:31 24:28 0:46	5:57 2:28 24:50 0:22	8:33 2:36 25:03 0:13	9:12 0:39	10:22 1:10	12:31 2:09	13:35 1:04	15:33 1:58	17:22 1:49	18:45 1:23	19:03 0:18	20:44 1:41
2		Janine Bollhalder Stein	28:23	2:03 2:03 26:11 2:02	2:51 0:48 27:07 0:56	4:34 1:43 27:47 0:40	7:48 3:14 28:08 0:21	11:37 3:49 28:23 0:15	12:16 0:39	13:32 1:16	15:38 2:06	16:32 0:54	18:21 1:49	20:24 2:03	21:44 1:20	22:01 0:17	24:09 2:08
3		Franziska Bucher Diepoldsau	29:12	1:45 1:45 24:58 3:01	2:31 0:46 25:59 1:01	4:07 1:36 28:33 2:34	6:50 2:43 28:57 0:24	9:48 2:58 29:12 0:15	10:26 0:38	11:40 1:14	13:34 1:54	14:25 0:51	16:07 1:42	18:13 2:06	19:46 1:33	20:09 0:23	21:57 1:48
4		Isabell Bucher Lüchingen	33:51	1:54 1:54 30:54 2:36	2:49 0:55 32:15 1:21	4:43 1:54 33:02 0:47	7:54 3:11 33:34 0:32	11:52 3:58 33:51 0:17	12:44 0:52	14:15 1:31	16:58 2:43	18:09 1:11	20:33 2:24	23:05 2:32	25:01 1:56	25:23 0:22	28:18 2:55
5		Jana Maier Arbon	34:05	2:01 2:01 31:15 2:35	3:48 1:47 32:26 1:11	6:24 2:36 33:18 0:52	9:26 3:02 33:47 0:29	12:27 3:01 34:05 0:18	13:12 0:45	14:40 1:28	18:09 3:29	19:07 0:58	21:22 2:15	24:27 3:05	26:08 1:41	26:32 0:24	28:40 2:08
Senioren +35 (12)				3.2 km 0 Hm					18 P								
				1(113) 15(91)	2(111) 16(112)	3(63) 17(90)	4(69) 18(100)	5(72) Ziel	6(73)	7(75)	8(77)	9(76)	10(79)	11(88)	12(102)	13(103)	14(84)
1		Rolf Wüstenhagen St. Gallen	20:03	1:04 1:04 18:08 1:44	1:37 0:33 18:56 0:48	2:55 1:18 19:28 0:32	4:58 2:03 19:47 0:19	6:59 2:01 20:02 0:15	7:32 0:33	8:32 1:00	9:59 1:27	10:41 0:42	12:06 1:25	13:43 1:37	14:51 1:08	15:04 0:13	16:24 1:20
2		Michael Treier Marbach	20:05	1:36 1:36 18:21 1:33	2:14 0:38 19:05 0:44	3:29 1:15 19:34 0:29	5:30 2:01 19:53 0:19	7:17 1:47 20:05 0:12	7:47 0:30	8:47 1:00	10:13 1:26	10:51 0:38	12:13 1:22	14:03 1:50	15:02 0:59	15:17 0:15	16:48 1:31
3		Daniel Raum Höchst	20:18	1:08 1:08 18:30 1:48	1:42 0:34 19:14 0:44	2:58 1:16 19:45 0:31	5:21 2:23 20:03 0:18	7:21 2:00 20:17 0:14	7:53 0:32	8:51 0:58	10:11 1:20	10:50 0:39	12:12 1:22	14:04 1:52	15:09 1:05	15:27 0:18	16:42 1:15
4		Thomas Müller Ennetaach	21:20	1:17 1:17 19:26 1:44	1:49 0:32 20:16 0:50	3:07 1:18 20:47 0:31	5:10 2:03 21:04 0:17	7:26 2:16 21:19 0:15	7:58 0:32	9:00 1:02	10:47 1:47	11:28 0:41	12:56 1:28	14:40 1:44	15:51 1:11	16:06 0:15	17:42 1:36
5		Urs Märk Zollikon	21:43	1:12 1:12 19:39 2:13	1:50 0:38 20:23 0:44	3:10 1:20 21:09 0:46	5:19 2:09 21:29 0:20	7:22 2:03 21:42 0:13	7:57 0:35	8:58 1:01	10:42 1:44	11:26 0:44	12:54 1:28	14:36 1:42	15:47 1:11	16:03 0:16	17:26 1:23
6		Felix Käser St. Gallen	22:19	1:20 1:20 20:24 2:00	1:57 0:37 21:10 0:46	3:25 1:28 21:52 0:42	5:46 2:21 22:07 0:15	7:57 2:11 22:19 0:12	8:35 0:38	9:43 1:08	11:15 1:32	12:00 0:45	13:40 1:40	15:29 1:49	16:44 1:15	16:59 0:15	18:24 1:25

Pl	tnr	Name	Zeit	3.3 km 0 Hm						19 P	(Forts.)						
				1(113) 15(110)	2(111) 16(106)	3(63) 17(108)	4(68) 18(109)	5(70) 19(100)	6(80) Ziel	7(86)	8(77)	9(75)	10(87)	11(85)	12(89)	13(112)	14(91)
4		Robert Furrer St. Gallen	25:57	1:21 1:21 20:56	1:59 0:38 22:34	3:37 1:38 24:07	6:34 2:57 25:02	8:02 1:28 25:39	8:36 0:34 25:57	10:07 1:31	11:22 1:15	13:03 1:41	15:45 2:42	17:11 1:26	18:17 1:06	19:25 1:08	20:24 0:59
5		Martin Stamm St. Gallen	26:18	0:32 1:21 21:08	1:38 2:03 23:07	1:33 3:35 24:30	0:55 6:55 25:31	0:37 8:16 26:01	0:17 8:48 26:17	10:27 1:39	11:43 1:16	13:24 1:41	15:29 2:05	17:07 1:38	18:18 1:11	19:37 1:19	20:36 0:59
6		Hans Mafli Widnau	26:44	0:32 1:45 21:29	1:59 2:32 23:25	1:23 4:16 24:50	1:01 7:02 25:51	0:30 8:30 26:24	0:16 9:09 26:44	10:57 1:48	12:44 1:47	14:11 1:27	16:12 2:01	17:51 1:39	18:54 1:03	19:51 0:57	20:53 1:02
7		Martin Wenk Hüttwilen	30:15	0:36 1:27 25:02	1:56 2:08 27:02	1:25 4:33 28:23	1:01 8:11 29:16	0:33 9:30 29:56	0:20 10:00 30:14	11:53 1:53	13:09 1:16	14:56 1:47	19:34 4:38	21:03 1:29	22:15 1:12	23:30 1:15	24:31 1:01
8		Norbert Wenger Rorschach	30:25	0:31 1:41 25:09	2:00 2:31 26:59	1:21 3:59 28:33	0:53 7:38 29:30	0:40 9:10 30:07	0:18 9:43 30:24	12:08 2:25	14:33 2:25	16:38 2:05	18:50 2:12	20:29 1:39	21:38 1:09	23:33 1:55	24:36 1:03
9		Toni Büchler Herisau	30:32	0:33 1:49 25:07	1:50 2:38 26:56	1:34 4:29 28:34	0:57 7:28 29:38	0:37 9:04 30:15	0:17 9:38 30:32	13:01 3:23	14:25 1:24	16:31 2:06	18:41 2:10	20:29 1:48	21:54 1:25	23:26 1:32	24:29 1:03
10		Urs Manser Thal	31:04	0:38 1:42 24:53	1:49 2:26 27:04	1:38 4:08 28:47	1:04 7:13 30:01	0:37 8:51 30:39	0:16 9:26 31:04	11:53 2:27	13:25 1:32	15:41 2:16	18:12 2:31	20:07 1:55	21:26 1:19	22:58 1:32	24:11 1:13
11		Clemens Eugster Widnau	31:44	0:42 1:35 26:24	2:11 2:27 28:17	1:43 4:02 29:50	1:14 6:49 30:56	0:38 8:25 31:27	0:25 9:00 31:43	10:47 1:47	13:20 2:33	15:49 2:29	18:01 2:12	21:17 3:16	23:08 1:51	24:30 1:22	25:34 1:04
12		Frank Sailer Montlingen	32:22	0:50 1:59 25:51	1:53 2:49 28:10	1:33 4:40 30:01	1:06 6:44 31:27	0:31 8:42 32:02	0:16 9:16 32:22	11:40 2:24	13:05 1:25	14:36 1:31	17:13 2:37	20:54 3:41	22:44 1:50	24:02 1:18	25:11 1:09
13		Alexander Perle Dornbirn	36:10	0:40 2:14 30:28	2:19 3:17 32:34	1:51 5:16 34:07	1:26 8:43 35:17	0:35 11:19 35:56	0:19 12:52 36:10	15:06 16:51	16:51 19:47	22:56 24:52	24:52 26:31	26:31 28:36	28:36 2:05	29:50 1:14	
14		Markus Good Nussbaumen	43:57	0:38 1:57 35:06	2:06 3:02 38:35	1:33 5:21 41:16	1:10 11:08 42:51	0:39 13:10 43:36	0:14 14:00 43:57	16:40 2:40	18:41 2:01	21:30 2:49	24:52 3:22	27:27 2:35	29:13 1:46	32:17 3:04	34:19 2:02
		Erwin Wälter Altstätten	Aufg	0:47 1:27 -----	3:29 2:12 -----	2:41 3:55 -----	1:35 7:03 -----	0:45 8:46 -----	0:20 9:28 -----	11:20 1:52	12:55 1:35	14:52 1:57	17:30 2:38	-----	-----	-----	-----
Seniorinnen +50 (13)				2.8 km 0 Hm						18 P							
				1(61) 15(106)	2(67) 16(108)	3(68) 17(109)	4(72) 18(100)	5(73) Ziel	6(75)	7(79)	8(86)	9(82)	10(84)	11(103)	12(112)	13(101)	14(110)
1		Susanne Wenk Hüttwilen	21:35	0:48 0:48 18:25	2:12 1:24 19:51	4:41 2:29 20:49	6:55 2:14 21:16	8:51 1:56 21:35	10:01 1:10	10:50 0:49	11:48 0:58	12:47 0:59	13:19 0:32	14:52 1:33	15:48 0:56	16:17 0:29	16:42 0:25
2		Anni Steffen Rebstein	22:58	1:05 1:05 19:31	2:29 1:24 20:59	5:14 2:45 22:07	7:39 2:25 22:40	8:20 0:41 22:57	9:38 1:18	10:41 1:03	11:45 1:04	12:50 1:05	13:31 0:41	15:05 1:34	16:08 1:03	16:43 0:35	17:14 0:31
3		Silvia Büchler Herisau	23:14	2:17 0:58 19:46	1:28 2:35 21:19	1:08 5:22 22:25	0:33 7:56 22:57	0:17 8:40 23:13	10:01 1:21	10:54 0:53	11:59 1:05	13:08 1:09	13:45 0:37	15:40 1:55	16:40 1:00	17:16 0:36	17:52 0:36
4		Jeanette Stamm St. Gallen	24:17	1:54 1:13 20:41	1:33 2:48 22:16	1:06 5:40 23:22	0:32 8:46 24:00	0:16 9:26 24:17	10:47 1:21	11:43 0:56	12:48 1:05	13:54 1:06	14:33 0:39	16:20 1:47	17:27 1:07	18:06 0:39	18:40 0:34
5		Judith Brändle St. Gallen	26:02	2:01 1:04 22:15	1:35 1:42 23:54	1:06 5:35 25:06	0:38 8:12 25:40	0:17 8:57 26:01	10:22 1:25	11:21 0:59	12:35 1:14	13:49 1:14	14:28 0:39	16:14 1:46	17:27 1:13	18:11 0:44	18:46 0:35
6		Margrit Schaltegger Lustdorf	26:16	3:29 0:30 22:32	1:39 2:18 24:11	1:12 5:19 25:19	0:34 9:31 25:56	0:21 10:21 26:16	11:50 1:29	12:45 0:55	14:02 1:17	15:10 1:08	15:47 0:37	17:43 1:56	19:18 1:35	20:00 0:42	20:35 0:35
7		Ruth Wüest Appenzell	26:30	1:57 1:40 22:49	1:39 3:31 24:27	1:08 6:29 25:35	0:37 9:48 26:12	0:20 10:33 26:30	11:57 1:24	12:56 0:59	14:25 1:29	15:32 1:07	16:13 0:41	18:08 1:55	19:15 1:07	19:51 0:36	20:30 0:39

Pl	tnr	Name	Zeit																
Seniorinnen +50 (13)				2.8 km 0 Hm				18 P		<i>(Forts.)</i>									
				1(61)	2(67)	3(68)	4(72)	5(73)	6(75)	7(79)	8(86)	9(82)	10(84)	11(103)	12(112)	13(101)	14(110)		
				15(106)	16(108)	17(109)	18(100)	Ziel											
8	Sabine Bönig	Achberg	27:30	1:09	2:44	6:16	9:37	10:24	11:50	12:56	14:06	16:23	17:15	19:18	20:26	21:05	21:31		
				1:09	1:35	3:32	3:21	0:47	1:26	1:06	1:10	2:17	0:52	2:03	1:08	0:39	0:26		
				23:31	25:19	26:32	27:09	27:29											
9	Esther Schäpper	Niederteufen	27:47	2:00	1:48	1:13	0:37	0:20											
				0:59	2:51	6:39	9:30	10:14	12:05	13:05	14:20	15:33	16:14	18:15	19:26	20:07	20:48		
				0:59	1:52	3:48	2:51	0:44	1:51	1:00	1:15	1:13	0:41	2:01	1:11	0:41	0:41		
10	Sybille Kühnis	Marbach	29:51	23:42	25:33	26:47	27:26	27:46											
				2:54	1:51	1:14	0:39	0:20											
				3:44	5:29	8:58	12:07	12:52	14:15	15:15	16:29	17:56	18:38	20:42	22:07	22:44	23:21		
11	Helen Greminger	Ottoberg	31:56	25:47	27:37	28:54	29:27	29:50											
				2:26	1:50	1:17	0:33	0:23											
				3:44	1:45	3:29	3:09	0:45	1:23	1:00	1:14	1:27	0:42	2:04	1:25	0:37	0:37		
12	Vreni Eigenmann	Bronschhofen	41:43	27:17	29:20	30:47	31:30	31:55											
				3:08	2:03	1:27	0:43	0:25											
				6:51	8:50	12:38	18:03	18:59	20:41	21:58	23:20	26:05	26:54	29:26	31:55	32:52	33:32		
13	Annelies Burchia	Lüchingen	50:01	6:51	1:59	3:48	5:25	0:56	1:42	1:17	1:22	2:45	0:49	2:32	2:29	0:57	0:40		
				36:13	38:46	40:16	41:15	41:42											
				2:41	2:33	1:30	0:59	0:27											
13	Annelies Burchia	Lüchingen	50:01	2:36	5:51	11:22	17:31	18:55	21:30	23:27	25:25	29:15	30:37	34:10	36:45	38:02	39:03		
				2:36	3:15	5:31	6:09	1:24	2:35	1:57	1:58	3:50	1:22	3:33	2:35	1:17	1:01		
				42:45	46:06	48:22	49:22	50:01											
				3:42	3:21	2:16	1:00	0:39											
Senioren +60 (14)				2.8 km 0 Hm				18 P											
				1(61)	2(67)	3(68)	4(72)	5(73)	6(75)	7(79)	8(86)	9(82)	10(84)	11(103)	12(112)	13(101)	14(110)		
				15(106)	16(108)	17(109)	18(100)	Ziel											
1	Rolf Bollhalder	Teufen	20:03	1:01	2:20	4:33	6:35	7:09	8:15	8:57	10:18	11:10	11:39	13:00	13:52	14:29	14:53		
				1:01	1:19	2:13	2:02	0:34	1:06	0:42	1:21	0:52	0:29	1:21	0:52	0:37	0:24		
				17:11	18:28	19:20	19:47	20:03											
2	Ernst Baumann	Schwarzenbach	22:36	2:18	1:17	0:52	0:27	0:16											
				0:43	2:10	4:32	7:07	7:45	9:09	10:09	11:18	12:25	13:00	15:07	16:37	17:09	17:35		
				0:43	1:27	2:22	2:35	0:38	1:24	1:00	1:09	1:07	0:35	2:07	1:30	0:32	0:26		
3	Emil Sutter	Appenzell	22:59	19:20	20:46	21:56	22:20	22:36											
				1:45	1:26	1:10	0:24	0:16											
				1:43	3:26	6:15	8:33	9:19	10:30	11:18	12:15	13:30	14:14	15:53	16:52	17:26	18:05		
4	Felix Engeler	Amriswil	23:23	20:01	21:20	22:16	22:45	22:58											
				1:56	1:19	0:56	0:29	0:13											
				1:43	1:43	2:49	2:18	0:46	1:11	0:48	0:57	1:15	0:44	1:39	0:59	0:34	0:39		
5	Ernst Rüegg	St. Gallen	27:01	1:21	2:59	6:35	9:20	10:01	11:14	12:06	13:05	14:09	14:44	16:24	17:22	17:57	18:21		
				1:21	1:38	3:36	2:45	0:41	1:13	0:52	0:59	1:04	0:35	1:40	0:58	0:35	0:24		
				20:08	21:33	22:42	23:06	23:22											
6	Josef Hutter	Diepoldsau	27:52	1:47	1:25	1:09	0:24	0:16											
				1:02	2:50	6:14	9:05	9:53	11:21	12:18	13:59	15:16	15:56	17:56	19:10	19:50	20:29		
				1:02	1:48	3:24	2:51	0:48	1:28	0:57	1:41	1:17	0:40	2:00	1:14	0:40	0:39		
7	Heini Benz	Altstätten	29:09	23:10	24:47	26:00	26:39	27:01											
				2:41	1:37	1:13	0:39	0:22											
				1:15	2:48	5:50	8:31	9:19	10:43	11:52	13:05	16:01	16:39	18:34	19:49	20:33	21:47		
8	Ernst Wunderli	Hittnau	29:31	1:15	1:33	3:02	2:41	0:48	1:24	1:09	1:13	2:56	0:38	1:55	1:15	0:44	1:14		
				23:52	25:37	26:50	27:33	27:52											
				2:05	1:45	1:13	0:43	0:19											
9	Franz Lambrecht	Egnach	30:18	1:18	3:01	7:53	10:10	10:58	12:34	13:49	15:19	16:32	17:25	19:20	20:49	21:42	22:29		
				1:18	1:43	4:52	2:17	0:48	1:36	1:15	1:30	1:13	0:53	1:55	1:29	0:53	0:47		
				24:34	26:31	27:50	28:40	29:09											
10	Roger Holenstein	Weingarten	30:35	2:05	1:57	1:19	0:50	0:29											
				0:42	2:06	5:07	7:35	8:20	9:37	10:51	11:53	19:22	19:51	21:49	22:55	23:29	23:57		
				26:24	27:48	28:47	29:17	29:31											
11	Heiri Greminger	Ottoberg	32:02	2:27	1:24	0:59	0:30	0:14											
				1:32	3:21	7:13	10:51	11:41	13:24	14:35	15:57	17:20	18:04	20:14	21:33	22:15	22:58		
				1:32	1:49	3:52	3:38	0:50	1:43	1:11	1:22	1:23	0:44	2:10	1:19	0:42	0:43		
12	Mario Fässler	Eggersriet	36:35	26:15	28:10	29:21	29:55	30:18											
				3:17	1:55	1:11	0:34	0:23											
				3:17	2:09	3:23	3:15	0:52	1:45	1:05	1:24	1:45	0:41	2:08	1:31	0:53	0:47		
13	Walter Ackermann	Egnach	38:37	25:50	28:10	29:28	30:16	30:34											
				2:27	2:20	1:18	0:48	0:18											
				1:00	2:47	8:01	11:03	11:57	13:42	14:51	16:10	18:14	19:01	21:15	22:27	23:14	23:58		
12	Mario Fässler	Eggersriet	36:35	1:00	1:47	5:14	3:02	0:54	1:45	1:09	1:19	2:04	0:47	2:14	1:12	0:47	0:44		
				27:41	29:40	31:04	31:40	32:02											
				3:43	1:59	1:24	0:36	0:22											
13	Walter Ackermann	Egnach	38:37	1:33	3:52	8:43	12:19	13:13	15:24	16:41	18:06	19:32	20:26	23:54	25:38	26:34	27:27		
				1:33	2:19	4:51	3:36	0:54	2:11	1:17	1:25	1:26	0:54	3:28	1:44	0:56	0:53		
				30:04	33:43	35:17	36:07	36:35											
13	Walter Ackermann	Egnach	38:37	2:37	3:39	1:34	0:50	0:28											
				1:00	2:52	6:30	10:52	11:47	13:49	14:56	16:21	17:40	18:27	20:55	22:22	23:06	23:48		
				1:00	1:52	3:38	4:22	0:55	2:02	1:07	1:25	1:19	0:47	2:28	1:27	0:44	0:42		
				26:18	36:14	37:33	38:14	38:37											
				2:30	9:56	1:19	0:41	0:23											

Pl	tnr	Name	Zeit														
Senioren +60 (14)				2.8 km 0 Hm				18 P				<i>(Forts.)</i>					
				1(61)	2(67)	3(68)	4(72)	5(73)	6(75)	7(79)	8(86)	9(82)	10(84)	11(103)	12(112)	13(101)	14(110)
				15(106)	16(108)	17(109)	18(100)	Ziel									
		Winfried Fugmann	Fehlst	0:57	2:35	5:25	9:02	9:45	11:11	12:08	13:15	14:47	----	17:04	18:12	18:52	19:24
		Stockach/D		0:57	1:38	2:50	3:37	0:43	1:26	0:57	1:07	1:32		2:17	1:08	0:40	0:32
				21:19	22:53	24:04	24:45	25:07									
				1:55	1:34	1:11	0:41	0:21									
Plausch kurz (12)				1.8 km 0 Hm				16 P									
				1(62)	2(67)	3(64)	4(65)	5(78)	6(70)	7(80)	8(81)	9(87)	10(82)	11(84)	12(89)	13(110)	14(112)
				15(90)	16(100)	Ziel											
1		Laura Stricker	17:13	0:45	2:13	3:19	4:50	5:35	7:46	8:31	10:04	10:35	11:29	12:14	13:47	14:31	15:19
		Walzenhausen		0:45	1:28	1:06	1:31	0:45	2:11	0:45	1:33	0:31	0:54	0:45	1:33	0:44	0:48
				16:20	16:50	17:13											
				1:01	0:30	0:23											
2		Leonie Freund	17:49	0:29	2:05	3:02	4:11	4:59	6:05	6:50	8:31	9:13	11:41	12:15	13:50	14:38	15:25
		Bühler		0:29	1:36	0:57	1:09	0:48	1:06	0:45	1:41	0:42	2:28	0:34	1:35	0:48	0:47
				16:36	17:30	17:49											
				1:11	0:54	0:19											
3		Tiago Müller	21:55	0:36	2:45	4:01	5:22	6:00	7:47	8:54	10:44	11:54	13:06	14:04	16:53	17:58	19:28
		Ennetaach		0:36	2:09	1:16	1:21	0:38	1:47	1:07	1:50	1:10	1:12	0:58	2:49	1:05	1:30
				20:56	21:38	21:55											
				1:28	0:42	0:16											
4		Fabian Good	22:34	0:37	2:22	3:54	5:29	6:28	8:01	9:16	11:30	12:22	13:38	14:47	16:56	18:24	19:53
		Nussbaumen		0:37	1:45	1:32	1:35	0:59	1:33	1:15	2:14	0:52	1:16	1:09	2:09	1:28	1:29
				21:33	22:14	22:34											
				1:40	0:41	0:20											
5		Ennio Sieber	25:00	0:56	2:44	3:52	5:26	6:32	8:19	9:36	12:12	13:04	16:16	17:02	18:50	20:43	22:10
		Widnau		0:56	1:48	1:08	1:34	1:06	1:47	1:17	2:36	0:52	3:12	0:46	1:48	1:53	1:27
				23:45	24:34	25:00											
				1:35	0:49	0:26											
6		Agata Castelli	26:56	0:42	2:27	3:50	6:04	7:19	9:52	11:09	13:57	15:32	16:58	18:14	20:52	22:22	23:42
		Buchs		0:42	1:45	1:23	2:14	1:15	2:33	1:17	2:48	1:35	1:26	1:16	2:38	1:30	1:20
				25:14	26:04	26:55											
				1:32	0:50	0:51											
7		Roswitha Eisenring	28:15	1:07	2:13	3:03	4:13	4:46	5:54	6:36	8:00	8:36	11:26	12:13	13:33	14:26	15:11
		St. Gallen		1:07	1:06	0:50	1:10	0:33	1:08	0:42	1:24	0:36	2:50	0:47	1:20	0:53	0:45
				27:22	27:58	28:15											
				12:11	0:36	0:17											
8		Denisa Fugmann	31:23	1:11	3:32	5:28	7:57	9:06	11:30	12:52	16:01	17:21	19:08	20:37	23:58	25:52	27:38
		Stockach/D		1:11	2:21	1:56	2:29	1:09	2:24	1:22	3:09	1:20	1:47	1:29	3:21	1:54	1:46
				29:25	30:32	31:22											
				1:47	1:07	0:50											
9		Zoe Schawalder	39:23	1:16	5:14	8:27	12:16	14:25	18:48	20:35	24:50	25:49	29:03	30:28	32:41	34:06	35:45
		Widnau		1:16	3:58	3:13	3:49	2:09	4:23	1:47	4:15	0:59	3:14	1:25	2:13	1:25	1:39
				37:47	38:42	39:23											
				2:02	0:55	0:41											
10		Lena Hollenstein	42:04	1:14	6:22	9:37	11:06	13:07	14:31	16:25	18:26	19:58	24:57	25:36	32:05	33:55	37:35
		Widnau		1:14	5:08	3:15	1:29	2:01	1:24	1:54	2:01	1:32	4:59	0:39	6:29	1:50	3:40
				39:24	41:46	42:04											
				1:49	2:22	0:18											
11		Alea Ademi	46:14	3:07	5:56	7:52	10:34	12:11	14:33	15:54	19:28	20:51	25:00	26:28	32:36	34:08	38:14
		Widnau		3:07	2:49	1:56	2:42	1:37	2:22	1:21	3:34	1:23	4:09	1:28	6:08	1:32	4:06
				42:21	45:22	46:14		36:35									
				4:07	3:01	0:52		*101									
		Elin Meier	Fehlst	0:39	2:25	3:35	4:56	5:38	6:59	7:50	10:11	10:44	11:53	12:34	14:23	15:11	16:02
		Berg		0:39	1:46	1:10	1:21	0:42	1:21	0:51	2:21	0:33	1:09	0:41	1:49	0:48	0:51
				17:05	----	18:06											
				1:03		1:01											
Plausch mittel (17)				2.5 km 0 Hm				20 P									
				1(62)	2(67)	3(64)	4(78)	5(70)	6(80)	7(75)	8(74)	9(76)	10(77)	11(83)	12(82)	13(87)	14(88)
				15(89)	16(102)	17(112)	18(101)	19(90)	20(100)	Ziel							
1		Jan Axthelm	20:25	0:29	1:50	2:34	4:18	5:17	6:05	6:50	7:41	8:22	9:19	11:16	13:49	14:38	15:32
		Widnau		0:29	1:21	0:44	1:44	0:59	0:48	0:45	0:51	0:41	0:57	1:57	2:33	0:49	0:54
				16:36	17:17	18:04	18:40	19:22	20:10	20:25							
				1:04	0:41	0:47	0:36	0:42	0:48	0:15							
2		Jacqueline Ganther	20:55	0:47	2:03	2:50	4:32	5:37	6:24	7:34	8:35	9:29	10:59	12:56	14:25	14:59	15:55
		Widnau		0:47	1:16	0:47	1:42	1:05	0:47	1:10	1:01	0:54	1:30	1:57	1:29	0:34	0:56
				17:05	17:44	18:31	19:21	20:12	20:38	20:55							
				1:10	0:39	0:47	0:50	0:51	0:26	0:17							
3		Thomas Widler	21:11	1:03	2:21	3:20	5:08	6:22	7:11	8:02	9:09	10:02	11:08	13:14	14:32	15:11	16:02
		Widnau		1:03	1:18	0:59	1:48	1:14	0:49	0:51	1:07	0:53	1:06	2:06	1:18	0:39	0:51
				17:16	17:55	18:47	19:30	20:24	20:51	21:11							
				1:14	0:39	0:52	0:43	0:54	0:27	0:20							
4		Doris Jäger	24:22	0:48	2:07	3:06	5:01	6:15	7:22	8:13	9:18	10:21	11:33	14:10	16:49	17:38	18:31
		Widnau		0:48	1:19	0:59	1:55	1:14	1:07	0:51	1:05	1:03	1:12	2:37	2:39	0:49	0:53
				19:49	20:41	21:41	22:27	23:29	24:04	24:22							
				1:18	0:52	1:00	0:46	1:02	0:35	0:18							

Pl	tnr	Name	Zeit															
Plausch mittel (17)				2.5 km 0 Hm			20 P		(Forts.)									
				1(62)	2(67)	3(64)	4(78)	5(70)	6(80)	7(75)	8(74)	9(76)	10(77)	11(83)	12(82)	13(87)	14(88)	
				15(89)	16(102)	17(112)	18(101)	19(90)	20(100)	Ziel								
5		Rhea Braunwalder St. Gallen	26:51	0:35	4:49	5:42	8:00	9:03	9:40	10:31	11:26	12:13	13:12	16:13	19:21	20:02	21:06	
				0:35	4:14	0:53	2:18	1:03	0:37	0:51	0:55	0:47	0:59	3:01	3:08	0:41	1:04	
				22:24	23:00	23:51	24:42	25:54	26:31	26:51								
6		Loris Manser Bühler	28:33	1:18	0:36	0:51	0:51	1:12	0:37	0:20								
				0:33	3:16	3:55	6:11	7:43	8:25	9:26	10:43	11:57	13:19	15:32	18:47	19:34	20:51	
				0:33	2:43	0:39	2:16	1:32	0:42	1:01	1:17	1:14	1:22	2:13	3:15	0:47	1:17	
				22:29	23:13	24:32	25:31	27:26	28:13	28:33								
7		Simon Blatter Widnau	30:05	1:38	0:44	1:19	0:59	1:55	0:47	0:20								
				0:56	2:46	4:06	6:18	7:58	9:03	10:10	11:43	13:08	14:28	16:41	20:20	21:18	22:30	
				0:56	1:50	1:20	2:12	1:40	1:05	1:07	1:33	1:25	1:20	2:13	3:39	0:58	1:12	
				24:14	25:10	26:24	27:32	28:43	29:26	30:05								
8		Yves Zogg Widnau	31:04	1:44	0:56	1:14	1:08	1:11	0:43	0:39								
				0:39	2:00	2:51	4:29	5:50	7:05	8:33	9:28	10:16	11:20	13:52	16:40	22:19	24:36	
				0:39	1:21	0:51	1:38	1:21	1:15	1:28	0:55	0:48	1:04	2:32	2:48	5:39	2:17	
				26:07	27:00	28:00	28:55	30:06	30:34	31:04								
9		Livio Weizer Widnau	32:21	1:31	0:53	1:00	0:55	1:11	0:28	0:30								
				1:18	2:30	3:22	5:02	6:16	7:04	7:52	8:56	11:32	12:54	15:04	20:28	21:19	23:37	
				1:18	1:12	0:52	1:40	1:14	0:48	0:48	1:04	2:36	1:22	2:10	5:24	0:51	2:18	
				25:19	26:14	27:47	30:25	31:15	32:01	32:21		17:24						
10		Dominique Fehr Widnau	32:24	1:42	0:55	1:33	2:38	0:50	0:46	0:20								
				1:06	2:35	3:48	5:53	7:57	9:23	10:43	12:32	13:56	15:27	17:48	20:14	21:20	22:16	
				1:06	1:29	1:13	2:05	2:04	1:26	1:20	1:49	1:24	1:31	2:21	2:26	1:06	0:56	
				23:54	25:05	26:20	27:28	31:18	31:58	32:24								
11		Jennifer Wiederkeh Widnau	32:47	1:38	1:11	1:15	1:08	3:50	0:40	0:26								
				0:38	7:46	8:45	11:06	12:20	13:06	14:16	15:23	17:00	18:10	20:53	24:34	25:34	26:37	
				0:38	7:08	0:59	2:21	1:14	0:46	1:10	1:07	1:37	1:10	2:43	3:41	1:00	1:03	
				27:51	28:49	29:48	30:48	31:42	32:34	32:47								
12		Maya Bleiker Widnau	37:10	1:14	0:58	0:59	1:00	0:54	0:52	0:13								
				1:02	2:50	4:15	6:44	8:03	8:56	9:58	11:15	12:42	13:54	18:19	26:48	27:30	29:30	
				1:02	1:48	1:25	2:29	1:19	0:53	1:02	1:17	1:27	1:12	4:25	8:29	0:42	2:00	
				31:27	32:15	33:24	34:58	36:22	36:53	37:10								
13		Brigitte Lang Diepoldsau	43:31	1:57	0:48	1:09	1:34	1:24	0:31	0:17								
				0:46	2:37	3:42	6:43	8:17	9:32	10:50	12:46	15:16	18:15	22:25	27:15	28:52	30:44	
				0:46	1:51	1:05	3:01	1:34	1:15	1:18	1:56	2:30	2:59	4:10	4:50	1:37	1:52	
				32:49	34:15	36:09	37:40	41:27	42:41	43:31								
14		Sighart Brunner Höchst	59:18	2:05	1:26	1:54	1:31	3:47	1:14	0:50								
				1:49	4:52	6:09	2:43	29:34	30:46	32:17	34:16	35:45	37:47	42:00	46:03	47:18	49:48	
				1:49	3:03	1:17	20:34	2:51	1:12	1:31	1:59	1:29	2:02	4:13	4:03	1:15	2:30	
				51:51	53:01	54:31	55:59	57:52	58:43	59:18								
15		Hildegunde Brunne Höchst	59:24	2:03	1:10	1:30	1:28	1:53	0:51	0:35								
				1:55	4:57	6:12	26:49	29:41	30:53	32:23	34:19	35:50	37:47	42:06	46:16	47:20	49:56	
				1:55	3:02	1:15	20:37	2:52	1:12	1:30	1:56	1:31	1:57	4:19	4:10	1:04	2:36	
				51:57	53:03	54:39	56:05	57:58	58:45	59:24								
				2:01	1:06	1:36	1:26	1:53	0:47	0:39								
		Jonas Blatter Widnau	Fehlst	0:43	1:56	2:40	4:16	5:31	6:57	7:51	8:58	9:49	10:49	13:04	-----	15:28	21:52	
				0:43	1:13	0:44	1:36	1:15	1:26	0:54	1:07	0:51	1:00	2:15	-----	2:24	6:24	
				23:15	24:05	25:01	25:54	27:37	28:11	28:35								
		Emelie Steiner Widnau	Fehlst	1:23	0:50	0:56	0:53	1:43	0:34	0:24								
				0:39	2:42	3:50	5:48	7:02	7:43	-----	-----	-----	-----	24:24	-----	-----	29:48	
				0:39	2:03	1:08	1:58	1:14	0:41					16:41		5:24		
				31:52	32:32	34:02	35:14	37:20	38:04	38:47		5:10	12:12	13:58				
				2:04	0:40	1:30	1:12	2:06	0:44	0:43		*65	*87	*84				
Plausch lang (17)				2.9 km 0 Hm			23 P											
				1(61)	2(67)	3(64)	4(65)	5(69)	6(70)	7(75)	8(74)	9(76)	10(77)	11(83)	12(84)	13(82)	14(87)	
				15(88)	16(110)	17(89)	18(102)	19(103)	20(106)	21(108)	22(109)	23(100)	Ziel					
1		Rubén Bühler Widnau	18:52	0:38	1:50	2:25	3:12	4:33	5:18	6:12	6:54	7:33	8:18	9:41	10:10	12:01	12:31	
				0:38	1:12	0:35	0:47	1:21	0:45	0:54	0:42	0:39	0:45	1:23	0:29	1:51	0:30	
				13:10	13:42	14:17	15:09	15:23	16:04	17:12	18:10	18:39	18:52					
				0:39	0:32	0:35	0:52	0:14	0:41	1:08	0:58	0:29	0:13					
2		Yannik Fritschi Widnau	19:44	1:14	2:31	3:11	4:06	5:40	6:22	7:12	7:58	8:33	9:21	10:50	11:22	12:06	12:47	
				1:14	1:17	0:40	0:55	1:34	0:42	0:50	0:46	0:35	0:48	1:29	0:32	0:44	0:41	
				13:23	13:58	14:38	15:32	15:45	16:20	18:16	19:09	19:31	19:44					
				0:36	0:35	0:40	0:54	0:13	0:35	1:56	0:53	0:22	0:13					
3		Bala'zs Ta'nczos Rorschacherberg	21:53	0:56	2:41	3:31	4:20	5:30	6:20	7:50	8:39	9:19	10:07	11:36	12:15	13:13	13:45	
				0:56	1:45	0:50	0:49	1:10	0:50	1:30	0:49	0:40	0:48	1:29	0:39	0:58	0:32	
				14:29	15:07	15:41	16:18	16:37	17:27	20:02	21:05	21:35	21:52					
				0:44	0:38	0:34	0:37	0:19	0:50	2:35	1:03	0:30	0:17					
4		Andri Halter Widnau	22:08	0:52	2:16	3:04	4:50	7:50	8:33	9:26	10:18	11:01	11:50	13:23	13:54	15:41	16:06	
				0:52	1:24	0:48	1:46	3:00	0:43	0:53	0:52	0:43	0:49	1:33	0:31	1:47	0:25	
				16:33	17:09	17:37	18:08	18:31	19:04	20:25	21:23	21:51	22:08					
				0:27	0:36	0:28	0:31	0:23	0:33	1:21	0:58	0:28	0:17					
5		Valentin Aggeter Kriessern	24:44	0:														

Pl	tnr	Name	Zeit														
Plausch lang (17)				2.9 km 0 Hm							23 P (Forts.)						
				1(61) 15(88)	2(67) 16(110)	3(64) 17(89)	4(65) 18(102)	5(69) 19(103)	6(70) 20(106)	7(75) 21(108)	8(74) 22(109)	9(76) 23(100)	10(77) Ziel	11(83)	12(84)	13(82)	14(87)
7		Ramona Stauffer Widnau	26:13	1:40 1:40 18:10	3:27 1:47 19:02	4:23 0:56 20:00	5:31 1:08 20:42	7:21 1:50 21:03	8:19 0:58 22:02	9:32 1:13 23:51	10:34 1:02 25:14	11:32 0:58 25:51	12:46 1:14 26:13	15:04 2:18	15:43 0:39	16:25 0:42	17:21 0:56
8		Katrin Locher St. Gallen	27:39	0:49 1:40 19:47	0:52 4:25 20:41	0:58 5:28 21:20	0:42 6:32 21:55	0:21 9:31 22:28	0:59 10:25 23:23	1:49 11:33 25:29	1:23 12:30 26:38	0:37 13:18 27:16	0:22 14:15 27:38	16:15 2:00	16:58 0:43	17:40 0:42	18:20 0:40
9		August Waser Altstätten	28:02	1:27 0:58 20:35	0:54 2:44 21:34	0:39 3:38 22:12	0:35 4:42 22:47	0:33 7:17 23:19	0:55 8:15 24:15	2:06 9:32 25:51	1:09 10:37 27:00	0:38 11:28 27:44	0:22 12:27 28:02	14:30 2:03	15:12 0:42	19:05 3:53	19:50 0:45
10		Peter Hegelbach Häggenschwil	28:05	4:56 4:56 20:29	6:25 1:29 21:16	7:12 0:47 21:51	8:07 0:55 22:23	10:21 2:14 22:45	11:12 0:51 24:29	12:12 1:00 26:11	13:03 0:51 27:12	13:51 0:48 27:45	14:44 0:53 28:05	16:25 1:41	17:14 0:49	19:10 1:56	19:52 0:42
11		Leander Hilck Kriessern	30:20	1:32 1:32 22:08	4:10 2:38 23:03	5:13 1:03 23:50	7:05 1:52 24:45	9:23 2:18 25:09	10:27 1:04 26:05	11:50 1:23 28:04	12:51 1:01 29:19	13:59 1:08 30:05	15:06 1:07 30:20	17:14 2:08	18:13 0:59	20:02 1:49	21:00 0:58
12		Lara Suttee Widnau	32:31	1:08 2:32 24:30	0:55 4:58 25:22	0:47 5:53 26:08	0:55 6:56 26:49	0:24 8:48 27:38	0:56 9:40 28:49	1:59 10:50 30:33	1:15 12:06 31:41	0:46 13:15 32:12	0:15 14:17 32:31	16:39 2:22	18:01 1:22	18:52 0:51	23:09 4:17
13		Leila Scherrer Widnau	34:32	1:21 3:47 26:43	0:52 9:09 27:47	0:46 10:05 28:36	0:41 11:36 29:11	0:49 13:30 29:28	1:11 14:50 30:36	1:44 16:03 32:27	1:08 16:54 33:38	0:31 17:45 34:18	0:19 18:57 34:32	23:24 4:27	24:01 0:37	25:15 1:14	26:09 0:54
14		Hannah Axthelm Widnau	37:39	0:34 2:49 30:41	1:04 5:08 32:00	0:49 6:48 32:34	0:35 7:48 33:04	0:17 13:33 33:29	1:08 14:20 34:14	1:51 15:36 35:43	1:11 16:24 36:46	0:40 20:57 37:23	0:14 22:08 37:39	24:28 2:20	25:09 0:41	25:56 0:47	26:54 0:58
15		Jan Keller Widnau	38:45	1:37 1:38 27:04	1:27 4:03 28:31	1:06 5:18 29:37	1:02 7:04 30:39	0:27 9:31 31:06	1:39 11:00 32:45	2:46 12:48 35:31	1:53 14:13 37:24	0:56 15:36 38:20	0:25 17:18 38:45	20:39 3:21	21:38 0:59	24:23 2:45	25:27 1:04
16		Luana Meier Widnau	1:11:47	1:19 2:08 41:10	13:14 3:09 54:24	1:05 1:02 55:29	0:47 2:41 56:16	0:53 2:43 57:09	6:29 1:03:38 1:08:18	4:40 1:08:18 1:10:34	2:16 1:55 1:11:33	0:59 0:56 1:11:47	0:14 0:25 1:11:47	30:22 10:12	31:16 0:54	38:55 7:39	39:51 0:56
		Luana Meier Widnau	Fehlst	1:33 1:33 33:41	3:37 2:04 34:34	4:44 1:07 35:43	6:21 1:37 37:08	----- 1:37 37:32	----- 4:05 38:59	10:26 4:05 42:02	14:58 4:32 43:21	17:18 2:20 43:57	18:14 0:56 44:31	21:34 3:20	22:17 0:43	31:55 9:38	32:25 0:30
OL Sprint (16)				2.6 km 0 Hm							16 P						
				1(113) 15(90)	2(111) 16(100)	3(63) Ziel	4(69)	5(81)	6(79)	7(80)	8(86)	9(87)	10(91)	11(106)	12(103)	13(102)	14(112)
1		Andrin Benz Untereggen	13:43	0:55 0:55 13:18	1:22 0:27 13:32	2:26 1:04 13:42	4:11 1:45	5:42 1:31	6:56 1:14	7:25 0:29	8:32 1:07	9:07 0:35	10:08 1:01	11:38 1:30	12:05 0:27	12:20 0:15	12:52 0:32
2		Laurin Imhof Balterswil	14:52	0:59 0:59 14:24	1:30 0:31 14:40	2:41 1:11 14:52	4:29 1:48	6:13 1:44	7:43 1:30	8:14 0:31	9:27 1:13	10:04 0:37	11:10 1:06	12:43 1:33	13:12 0:29	13:24 0:12	13:55 0:31
3		Lukas Deininger St. Gallen	15:37	1:01 1:01 15:10	1:32 0:31 15:26	2:47 1:15 15:37	4:51 2:04	6:30 1:39	7:52 1:22	8:24 0:32	9:58 1:34	10:37 0:39	11:43 1:06	13:23 1:40	13:54 0:31	14:07 0:13	14:39 0:32
4		Thomas Looser Trogen	16:55	0:31 1:05 16:28	0:16 1:39 16:44	0:11 2:51 16:55	4:55 2:04	6:48 1:53	8:15 1:27	8:48 0:33	10:08 1:20	11:29 1:21	12:54 1:25	14:35 1:41	15:09 0:34	15:23 0:14	15:57 0:34
5		Cyrrill Meier Berg	16:59	0:33 1:09 16:27	0:17 1:43 16:44	0:15 3:00 16:59	5:05 2:05	7:03 1:58	8:33 1:30	9:08 0:35	10:31 1:23	11:13 0:42	12:19 1:06	14:28 2:09	15:02 0:34	15:18 0:16	15:54 0:36
6		Mario Ammann Berneck	17:00	1:12 1:12 16:30	1:51 0:39 16:47	3:09 1:18 17:00	5:15 2:06	7:15 2:00	8:44 1:29	9:24 0:40	10:45 1:21	11:28 0:43	12:49 1:21	14:33 1:44	15:09 0:36	15:24 0:15	15:58 0:34
7		Eliane Deininger St. Gallen	17:13	0:32 1:12 16:43	0:17 1:47 17:01	0:13 3:04 17:12	5:06 2:02	7:00 1:54	9:01 2:01	9:36 0:35	10:57 1:21	11:40 0:43	12:56 1:16	14:47 1:51	15:20 0:33	15:35 0:15	16:12 0:37
8		Miklas Kossert Au	17:29	0:31 1:13 16:59	0:18 0:32 17:16	0:11 1:22 17:29	5:06 1:59	7:08 2:02	8:49 1:41	9:24 0:35	10:48 1:24	11:48 1:00	12:57 1:09	15:08 2:11	15:38 0:30	15:54 0:16	16:28 0:34

Pl	tnr	Name	Zeit		2.6 km 0 Hm			16 P			(Forts.)						
			1(113) 15(90)	2(111) 16(100)	3(63) Ziel	4(69)	5(81)	6(79)	7(80)	8(86)	9(87)	10(91)	11(106)	12(103)	13(102)	14(112)	
OL Sprint (16)																	
9		Rainer Müller Buchs	19:19	1:30 1:30 18:42 0:36	2:10 0:40 19:02 0:20	3:40 1:30 19:18 0:16	5:59 2:19	8:20 2:21	10:08 1:48	10:48 0:40	12:17 1:29	13:06 0:49	14:19 1:13	16:28 2:09	17:04 0:36	17:21 0:17	18:06 0:45
10		Jonas Wälter Altstätten	20:31	1:03 1:03 19:51 0:40	1:39 0:36 20:13 0:22	3:06 1:27 20:31 0:17	5:36 2:30	8:04 2:28	9:53 1:49	10:45 0:52	12:25 1:40	13:17 0:52	15:08 1:51	17:27 2:19	18:09 0:42	18:28 0:19	19:11 0:43
11		Monika Ammann Berneck	20:59	1:24 1:24 20:20 0:36	2:06 0:42 20:43 0:23	3:39 1:33 20:58 0:15	6:33 2:54	8:50 2:17	10:54 2:04	11:34 0:40	13:33 1:59	14:22 0:49	15:57 1:35	18:02 2:05	18:38 0:36	18:59 0:21	19:44 0:45
12		Stefanie Sutter Appenzell	21:36	1:35 1:35 21:02 0:40	2:21 0:46 21:22 0:20	3:55 1:34 21:36 0:13	6:29 2:34	8:50 2:21	10:36 1:46	11:18 0:42	13:35 2:17	14:27 0:52	16:22 1:55	18:41 2:19	19:22 0:41	19:40 0:18	20:22 0:42
13		Bettina Mattle St. Margrethen	21:53	1:00 1:00 21:16 1:09	1:49 0:49 21:36 0:20	3:42 1:53 21:53 0:17	6:38 2:56	9:00 2:22	11:09 2:09	11:56 0:47	13:39 1:43	14:28 0:49	16:05 1:37	18:28 2:23	19:07 0:39	19:23 0:16	20:07 0:44
14		Domenika Meier Berg	23:10	1:20 1:20 22:30 0:48	2:04 0:44 22:53 0:23	3:43 1:39 23:10 0:17	6:45 3:02	9:13 2:28	11:18 2:05	12:52 1:34	14:40 1:48	15:35 0:55	17:10 1:35	19:48 2:38	20:28 0:40	20:53 0:25	21:42 0:49
15		Isabella Müller Berg	25:46	1:00 1:00 24:58 0:50	1:53 0:53 25:25 0:27	3:39 1:46 25:46 0:21	7:45 4:06	10:47 3:02	13:03 2:16	13:55 0:52	15:53 1:58	16:55 1:02	18:53 1:58	21:49 2:56	22:41 0:52	23:05 0:24	24:08 1:03
16		Heini Benz Altstätten	31:42	2:15 2:15 30:46 1:30	3:17 1:02 31:26 0:40	4:59 1:42 31:42 0:16	8:50 3:51	12:01 3:11	15:23 3:22	16:31 1:08	19:29 2:58	20:51 1:22	23:22 2:31	26:11 2:49	27:43 1:32	28:14 0:31	29:16 1:02
OL Mittel (7)																	
			1(113) 15(106)	2(111) 16(103)	3(63) 17(102)	4(69) 18(108)	5(72) 19(109)	6(73) 20(100)	7(86) Ziel	8(77)	9(80)	10(70)	11(91)	12(84)	13(85)	14(112)	
1		Phillip Bruggmann Salmsach	27:24	1:22 1:22 23:16 1:19	1:54 0:32 23:47 0:31	3:11 1:17 24:01 0:14	5:45 2:34 25:59 1:58	7:42 1:57 26:47 0:48	8:11 0:29 27:08 0:21	10:21 2:10 27:23 0:15	13:12 2:51	14:49 1:37	15:14 0:25	17:12 1:58	19:02 1:50	19:33 0:31	21:57 2:24
2		Andrea Good Nussbaumen	27:53	1:25 1:25 23:26 1:42	2:03 0:38 24:02 0:36	3:36 1:33 24:20 0:18	5:50 2:14 26:17 1:57	8:08 2:18 27:12 0:55	8:46 0:38 27:36 0:24	11:07 2:21	12:18 1:11	14:19 2:01	14:47 0:28	17:18 2:31	19:24 2:06	20:01 0:37	21:44 1:43
3		Daniel Jud St. Gallen	30:16	1:35 1:35 25:14 1:38	2:16 0:41 25:52 0:38	4:00 1:44 26:10 0:18	6:25 2:25 28:28 2:03	8:49 2:24 29:28 0:55	9:28 0:39 29:57 0:29	12:18 2:50	13:28 1:10	15:24 1:56	15:54 0:30	18:28 2:34	20:35 2:07	21:17 0:42	23:36 2:19
4		Fritz Streuli Weinfeld	31:56	1:43 1:43 26:47 1:57	2:24 0:41 27:26 0:39	4:00 1:36 27:56 0:30	6:24 2:24 30:19 2:23	8:44 2:20 31:14 0:55	9:24 0:40 31:40 0:26	12:33 3:09	14:01 1:28	16:13 2:12	16:43 0:30	19:31 2:48	21:35 2:04	22:16 0:41	24:50 2:34
5		Martin Meier Berg	37:08	1:40 1:40 31:00 2:03	2:38 0:58 31:52 0:52	4:30 1:52 32:12 0:20	7:36 3:06 34:59 2:47	10:41 3:05 36:08 1:09	11:27 0:46 36:45 0:37	14:33 3:06	16:17 1:44	18:54 2:37	19:37 0:43	23:07 3:30	25:39 2:32	26:26 0:47	28:57 2:31
		Adrian Brauchli St. Gallen	Fehlst	1:14 1:14 19:35 1:35	1:49 0:35 20:13 0:38	3:04 1:15 20:32 0:19	5:12 2:08 22:21 1:49	7:17 2:05 23:09 0:48	7:50 0:33 23:32 0:23	10:12 2:22	----- 1:19	11:31 0:24	11:55 2:00	13:55 1:38	15:33 0:35	16:08 0:35	18:00 1:52
		Verena Papenfuss Maiefeld	Fehlst	3:53 3:53 32:14 2:36	4:40 0:47 33:11 0:57	6:12 1:32 33:37 0:26	9:44 3:32 37:24 3:47	12:58 3:14 38:28 1:04	13:37 0:39 39:07 0:39	16:19 2:42	17:31 1:12	19:43 2:12	20:21 0:38	23:27 3:06	-----	27:13 3:46	29:38 2:25