

| Pl | Name | Zeit | 2.3 km | | 40 Hm | | 14 P | | | | | | | | | |
|------------------------|--------------------------------|-------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | | | 1(32) | 2(33) | 3(55) | 4(57) | 5(54) | 6(34) | 7(35) | 8(36) | 9(41) | 10(42) | 11(40) | 12(39) | 13(36) | 14(53) |
| Hoppelhase (17) | | | | | | | | | | | | | | | | |
| | | | Z | | | | | | | | | | | | | |
| 1 | Hans Bertsch-Streul Trogen | 23:50 | 1:28 1:28 23:50 0:19 | 2:37 1:09 | 5:35 2:58 | 6:27 0:52 | 7:55 1:28 | 9:47 1:52 | 11:09 1:22 | 12:25 1:16 | 14:14 1:49 | 16:18 2:04 | 18:17 1:59 | 19:44 1:27 | 21:09 1:25 | 23:30 2:21 |
| 2 | Marco Pfändler St.Georgen | 25:43 | 1:21 1:21 25:43 0:29 | 2:48 1:27 | 5:22 2:34 | 6:16 0:54 | 7:40 1:24 | 9:13 1:33 | 10:54 1:41 | 12:03 1:09 | 16:44 4:41 | 18:20 1:36 | 20:23 2:03 | 21:47 1:24 | 23:15 1:28 | 25:14 1:59 |
| 3 | Rebecca Meuwly St. Gallen | 28:24 | 1:32 1:32 28:24 0:31 | 2:45 1:13 | 5:05 2:20 | 5:57 0:52 | 7:40 1:43 | 9:25 1:45 | 11:15 1:50 | 12:27 1:12 | 14:41 2:14 | 19:50 5:09 | 22:01 2:11 | 23:48 1:47 | 25:23 1:35 | 27:53 2:30 |
| 4 | Gian Scheitlin St. Gallen | 31:39 | 1:57 1:57 31:39 0:24 | 4:08 2:11 | 7:16 3:08 | 8:51 1:35 | 10:47 1:56 | 12:39 1:52 | 14:15 1:36 | 15:22 1:07 | 18:21 2:59 | 22:28 4:07 | 24:42 2:14 | 26:07 1:25 | 29:33 3:26 | 31:15 1:42 |
| 5 | Serge Baumgartner St. Gallen | 32:20 | 1:16 1:16 32:20 0:19 | 2:13 0:57 | 4:17 2:04 | 5:35 1:18 | 6:46 1:11 | 8:03 1:17 | 16:54 8:51 | 17:40 0:46 | 23:00 5:20 | 24:58 1:58 | 27:47 2:49 | 29:07 1:20 | 30:22 1:15 | 32:01 1:39 |
| 6 | Matias Lanker Willi St.Georgen | 32:27 | 1:55 1:55 32:27 0:26 | 3:30 1:35 | 6:58 3:28 | 8:01 1:03 | 10:17 2:16 | 12:32 2:15 | 14:47 2:15 | 16:02 1:15 | 19:25 3:23 | 21:45 2:20 | 25:30 3:45 | 27:49 2:19 | 29:39 1:50 | 32:01 2:22 |
| 7 | Daniel Inglin St. Gallen | 33:06 | 1:55 1:55 33:06 0:23 | 3:07 1:12 | 6:01 2:54 | 7:24 1:23 | 9:19 1:55 | 11:19 2:00 | 12:49 1:30 | 13:54 1:05 | 17:51 3:57 | 24:05 6:14 | 26:50 2:45 | 28:27 1:37 | 30:10 1:43 | 32:43 2:33 |
| 8 | Nico Gahler St. Gallen | 34:26 | 3:20 3:20 34:26 0:36 | 5:48 2:28 | 8:11 2:23 | 8:44 0:33 | 10:23 1:39 | 13:47 3:24 | 15:52 2:05 | 17:05 1:13 | 19:48 2:43 | 25:33 5:45 | 27:51 2:18 | 29:12 1:21 | 32:21 3:09 | 33:50 1:29 |
| 9 | Timo Willi Speicher | 37:23 | 1:48 1:48 37:23 1:10 | 3:51 2:03 | 7:28 3:37 | 8:09 0:41 | 11:21 3:12 | 14:54 3:33 | 17:08 2:14 | 18:09 1:01 | 22:46 4:37 | 25:14 2:28 | 28:44 3:30 | 30:33 1:49 | 33:06 2:33 | 36:13 3:07 |
| 10 | Nadine Willi Speicher | 37:25 | 2:20 2:20 37:25 1:18 | 3:54 1:34 | 8:27 4:33 | 9:03 0:36 | 11:19 2:16 | 14:40 3:21 | 17:09 2:29 | 18:13 1:04 | 22:39 4:26 | 25:17 2:38 | 28:42 3:25 | 30:27 1:45 | 33:12 2:45 | 36:07 2:55 |
| 11 | Katja Reichen St. Gallen | 38:20 | 2:33 2:33 38:20 0:19 | 6:25 3:52 | 10:37 4:12 | 12:13 1:36 | 14:17 2:04 | 16:36 2:19 | 18:45 2:09 | 20:11 1:26 | 23:12 3:01 | 27:27 4:15 | 30:49 3:22 | 33:36 2:47 | 35:33 1:57 | 38:01 2:28 |
| 12 | Bernadette Federer St. Gallen | 40:12 | 2:20 2:20 40:12 0:32 | 3:43 1:23 | 9:01 5:18 | 10:22 1:21 | 12:28 2:06 | 15:21 2:53 | 17:59 2:38 | 19:39 1:40 | 22:51 3:12 | 26:49 3:58 | 31:51 5:02 | 34:35 2:44 | 36:51 2:16 | 39:40 2:49 |
| 13 | Flurina Federer St. Gallen | 40:13 | 2:25 2:25 40:13 0:27 | 3:50 1:25 | 9:06 5:16 | 10:21 1:15 | 13:03 2:42 | 15:34 2:31 | 17:53 2:19 | 19:40 1:47 | 23:14 3:34 | 26:42 3:28 | 31:49 5:07 | 34:35 2:46 | 36:51 2:16 | 39:46 2:55 |
| 14 | Yasmin Müller St. Gallen | 41:04 | 2:11 2:11 41:04 0:20 | 3:46 1:35 | 8:28 4:42 | 8:57 0:29 | 11:23 2:26 | 13:48 2:25 | 16:22 2:34 | 18:18 1:56 | 24:30 6:12 | 30:09 5:39 | 33:46 3:37 | 36:14 2:28 | 38:40 2:26 | 40:44 2:04 |
| 15 | Daniel Sonderegger Herisau | 43:48 | 3:24 3:24 43:48 0:38 | 5:33 2:09 | 11:35 6:02 | 12:53 1:18 | 15:51 2:58 | 19:18 3:27 | 21:37 2:19 | 23:51 2:14 | 27:50 3:59 | 30:49 2:59 | 34:39 3:50 | 37:45 3:06 | 40:10 2:25 | 43:10 3:00 |
| 16 | Regina Wagner St. Gallen | 45:53 | 3:08 3:08 45:53 0:42 | 6:09 3:01 | 10:29 4:20 | 11:09 0:40 | 13:53 2:44 | 17:11 3:18 | 20:05 2:54 | 22:35 2:30 | 27:00 4:25 | 31:05 4:05 | 35:28 4:23 | 38:07 2:39 | 41:16 3:09 | 45:11 3:55 |
| 17 | Caroline Rutz St. Gallen | 45:58 | 3:07 3:07 45:58 0:41 | 6:09 3:02 | 10:20 4:11 | 11:09 0:49 | 13:49 2:40 | 17:23 3:34 | 20:06 2:43 | 22:29 2:23 | 26:56 4:27 | 31:09 4:13 | 34:59 3:50 | 38:03 3:04 | 41:09 3:06 | 45:17 4:08 |
| Speedyhase (13) | | | | | | | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(56) | 4(48) | 5(52) | 6(51) | 7(47) | 8(46) | 9(45) | 10(44) | 11(43) | 12(41) | 13(39) | 14(38) |
| | | | Z | | | | | | | | | | | | | |
| 1 | Joschua Schilter St.Georgen | 19:18 | 0:45 0:45 16:16 1:35 | 1:29 0:44 17:43 1:27 | 2:40 1:11 19:00 1:17 | 4:10 1:30 19:18 0:17 | 5:23 1:13 | 6:37 1:14 | 9:00 2:23 | 9:59 0:59 | 10:44 0:45 | 11:12 0:28 | 11:48 0:36 | 12:30 0:42 | 14:08 1:38 | 14:41 0:33 |

| Pl | Name | Zeit | 2.5 km | | 100 Hm | 17 P | | (Forts.) | | | | | | | | |
|-------------------------|--|----------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | | | 1(31) | 2(32) | 3(56) | 4(48) | 5(52) | 6(51) | 7(47) | 8(46) | 9(45) | 10(44) | 11(43) | 12(41) | 13(39) | 14(38) |
| | | | 15(37) | 16(35) | 17(53) | Z | | | | | | | | | | |
| Speedyhase (13) | | | | | | | | | | | | | | | | |
| 2 | Noel Bertsch Trogen | 21:50 | 0:51 | 1:25 | 2:40 | 4:08 | 5:31 | 7:07 | 9:47 | 11:07 | 12:01 | 12:35 | 13:13 | 14:00 | 16:02 | 16:35 |
| | | | 0:51 | 0:34 | 1:15 | 1:28 | 1:23 | 1:36 | 2:40 | 1:20 | 0:54 | 0:34 | 0:38 | 0:47 | 2:02 | 0:33 |
| | | | 18:22 | 20:09 | 21:34 | 21:50 | | | | | | | | | | |
| | | | 1:47 | 1:47 | 1:25 | 0:16 | | | | | | | | | | |
| 3 | Nicole Ricklin St. Gallen | 24:20 | 1:00 | 1:45 | 2:55 | 4:34 | 5:56 | 8:56 | 12:14 | 14:11 | 15:10 | 15:48 | 16:34 | 17:22 | 18:57 | 19:35 |
| | | | 1:00 | 0:45 | 1:10 | 1:39 | 1:22 | 3:00 | 3:18 | 1:57 | 0:59 | 0:38 | 0:46 | 0:48 | 1:35 | 0:38 |
| | | | 21:09 | 22:37 | 24:02 | 24:20 | | | | | | | | | | |
| | | | 1:34 | 1:28 | 1:25 | 0:18 | | | | | | | | | | |
| 4 | Nadja Ricklin St. Gallen | 24:25 | 1:03 | 1:52 | 3:20 | 5:14 | 6:58 | 8:23 | 11:23 | 12:39 | 13:32 | 14:10 | 14:51 | 15:46 | 17:33 | 18:14 |
| | | | 1:03 | 0:49 | 1:28 | 1:54 | 1:44 | 1:25 | 3:00 | 1:16 | 0:53 | 0:38 | 0:41 | 0:55 | 1:47 | 0:41 |
| | | | 19:57 | 22:08 | 24:10 | 24:25 | | | | | | | | | | |
| | | | 1:43 | 2:11 | 2:02 | 0:15 | | | | | | | | | | |
| 5 | Paul Ricklin St. Gallen | 24:29 | 0:56 | 1:44 | 2:47 | 4:22 | 5:44 | 7:08 | 10:05 | 11:17 | 12:06 | 12:43 | 14:04 | 15:07 | 18:36 | 19:13 |
| | | | 0:56 | 0:48 | 1:03 | 1:35 | 1:22 | 1:24 | 2:57 | 1:12 | 0:49 | 0:37 | 1:21 | 1:03 | 3:29 | 0:37 |
| | | | 20:46 | 22:31 | 24:09 | 24:29 | | | | | | | | | | |
| | | | 1:33 | 1:45 | 1:38 | 0:19 | | | | | | | | | | |
| 6 | Edmea Rupf/Stegma St. Gallen | 26:30 | 0:54 | 1:57 | 3:09 | 5:11 | 6:44 | 8:02 | 10:33 | 11:35 | 12:23 | 13:01 | 16:07 | 17:00 | 19:23 | 20:37 |
| | | | 0:54 | 1:03 | 1:12 | 2:02 | 1:33 | 1:18 | 2:31 | 1:02 | 0:48 | 0:38 | 3:06 | 0:53 | 2:23 | 1:14 |
| | | | 22:31 | 24:47 | 26:14 | 26:30 | | | | | | | | | | |
| | | | 1:54 | 2:16 | 1:27 | 0:16 | | | | | | | | | | |
| 7 | Tim Jud/Oehler St. Gallen | 29:50 | 1:02 | 1:48 | 3:18 | 5:18 | 7:08 | 8:34 | 11:18 | 12:41 | 18:41 | 19:09 | 19:44 | 20:32 | 22:52 | 23:38 |
| | | | 1:02 | 0:46 | 1:30 | 2:00 | 1:50 | 1:26 | 2:44 | 1:23 | 6:00 | 0:28 | 0:35 | 0:48 | 2:20 | 0:46 |
| | | | 25:45 | 28:02 | 29:34 | 29:50 | | | | | | | | | | |
| | | | 2:07 | 2:17 | 1:32 | 0:16 | | | *43 | | | | | | | |
| 8 | David Kiansky St. Gallen | 29:54 | 1:04 | 2:37 | 3:55 | 6:01 | 7:29 | 8:52 | 11:32 | 13:10 | 16:37 | 17:00 | 17:58 | 19:13 | 21:52 | 22:49 |
| | | | 1:04 | 1:33 | 1:18 | 2:06 | 1:28 | 1:23 | 2:40 | 1:38 | 3:27 | 0:23 | 0:58 | 1:15 | 2:39 | 0:57 |
| | | | 24:49 | 27:31 | 29:37 | 29:54 | | | | | | | | | | |
| | | | 2:00 | 2:42 | 2:06 | 0:17 | | | | | | | | | | |
| 9 | Flurin Meuwly St. Gallen | 32:16 | 1:36 | 2:54 | 4:50 | 7:23 | 9:24 | 10:41 | 13:21 | 14:24 | 14:44 | 15:50 | 19:00 | 19:57 | 22:11 | 23:29 |
| | | | 1:36 | 1:18 | 1:56 | 2:33 | 2:01 | 1:17 | 2:40 | 1:03 | 0:20 | 1:06 | 3:10 | 0:57 | 2:14 | 1:18 |
| | | | 25:35 | 28:19 | 31:41 | 32:16 | | | | | | | | | | |
| | | | 2:06 | 2:44 | 3:22 | 0:35 | | | | | | | | | | |
| 10 | Damian Rhyn Waldkirch | 39:59 | 2:25 | 3:38 | 5:08 | 7:33 | 9:55 | 12:14 | 15:53 | 17:05 | 22:35 | 23:11 | 24:15 | 27:37 | 30:19 | 31:06 |
| | | | 2:25 | 1:13 | 1:30 | 2:25 | 2:22 | 2:19 | 3:39 | 1:12 | 5:30 | 0:36 | 1:04 | 3:22 | 2:42 | 0:47 |
| | | | 34:06 | 37:06 | 39:41 | 39:59 | | | | | | | | | | |
| | | | 3:00 | 3:00 | 2:35 | 0:18 | | | | | | | | | | |
| 11 | Fabian Sutter Waldkirch | 40:02 | 2:25 | 3:36 | 5:06 | 7:32 | 9:52 | 12:22 | 15:52 | 17:07 | 22:38 | 23:15 | 24:28 | 27:36 | 30:13 | 31:05 |
| | | | 2:25 | 1:11 | 1:30 | 2:26 | 2:20 | 2:30 | 3:30 | 1:15 | 5:31 | 0:37 | 1:13 | 3:08 | 2:37 | 0:52 |
| | | | 34:06 | 36:58 | 39:45 | 40:02 | | | | | | | | | | |
| | | | 3:01 | 2:52 | 2:47 | 0:17 | | | | | | | | | | |
| 12 | Lisa Jud St. Gallen | 46:14 | 1:40 | 2:48 | 4:38 | 7:13 | 9:42 | 13:14 | 19:28 | 22:40 | 24:37 | 26:21 | 27:39 | 30:31 | 33:52 | 34:59 |
| | | | 1:40 | 1:08 | 1:50 | 2:35 | 2:29 | 3:32 | 6:14 | 3:12 | 1:57 | 1:44 | 1:18 | 2:52 | 3:21 | 1:07 |
| | | | 38:39 | 42:49 | 44:45 | 46:14 | | | | | | | | | | |
| | | | 3:40 | 4:10 | 1:56 | 1:29 | | | | | | | | | | |
| 13 | Kimi Reichen Basel | 1:14:31 | 2:12 | 4:09 | 5:53 | 10:36 | 13:41 | 15:33 | 23:48 | 26:36 | 28:17 | 29:41 | 31:03 | 47:20 | 58:38 | 1:00:06 |
| | | | 2:12 | 1:57 | 1:44 | 4:43 | 3:05 | 1:52 | 8:15 | 2:48 | 1:41 | 1:24 | 1:22 | 16:17 | 11:18 | 1:28 |
| | | | 1:04:45 | 1:09:48 | 1:14:00 | 1:14:31 | | | | | | | | | | |
| | | | 4:39 | 5:03 | 4:12 | 0:31 | | | | | | | | | | |
| Langohrehase (4) | | | | | | | | | | | | | | | | |
| | | | 1(32) | 2(48) | 3(49) | 4(50) | 5(51) | 6(52) | 7(47) | 8(46) | 9(45) | 10(43) | 11(42) | 12(40) | 13(39) | 14(38) |
| | | | 15(37) | 16(36) | 17(35) | 18(34) | 19(54) | 20(55) | 21(33) | 22(53) | Z | | | | | |
| 1 | Regina Schilter Münchenbuchsee | 26:07 | 1:02 | 3:33 | 5:50 | 7:02 | 8:01 | 8:49 | 10:25 | 11:21 | 12:02 | 12:39 | 13:30 | 14:43 | 15:38 | 16:13 |
| | | | 1:02 | 2:31 | 2:17 | 1:12 | 0:59 | 0:48 | 1:36 | 0:56 | 0:41 | 0:37 | 0:51 | 1:13 | 0:55 | 0:35 |
| | | | 17:32 | 18:24 | 19:13 | 20:25 | 21:32 | 22:48 | 24:14 | 25:52 | 26:07 | | | | | |
| | | | 1:19 | 0:52 | 0:49 | 1:12 | 1:07 | 1:16 | 1:26 | 1:38 | 0:15 | | | | | |
| 2 | Marco Pfändler St. Gallen | 31:39 | 0:56 | 4:05 | 6:53 | 8:22 | 9:52 | 10:39 | 13:03 | 14:09 | 15:01 | 15:53 | 16:55 | 18:20 | 19:28 | 20:08 |
| | | | 0:56 | 3:09 | 2:48 | 1:29 | 1:30 | 0:47 | 2:24 | 1:06 | 0:52 | 0:52 | 1:02 | 1:25 | 1:08 | 0:40 |
| | | | 21:34 | 22:36 | 23:28 | 24:50 | 26:10 | 27:34 | 29:19 | 31:21 | 31:39 | | | | | |
| | | | 1:26 | 1:02 | 0:52 | 1:22 | 1:20 | 1:24 | 1:45 | 2:02 | 0:18 | | | | | |
| 3 | Daniel Forlin St.Georgen | 31:48 | 0:52 | 3:19 | 5:29 | 7:27 | 8:28 | 9:14 | 11:25 | 12:18 | 13:40 | 14:27 | 16:09 | 18:03 | 19:44 | 20:45 |
| | | | 0:52 | 2:27 | 2:10 | 1:58 | 1:01 | 0:46 | 2:11 | 0:53 | 1:22 | 0:47 | 1:42 | 1:54 | 1:41 | 1:01 |
| | | | 22:09 | 24:18 | 25:23 | 26:27 | 27:28 | 28:32 | 29:54 | 31:33 | 31:48 | | | | | |
| | | | 1:24 | 2:09 | 1:05 | 1:04 | 1:01 | 1:04 | 1:22 | 1:39 | 0:15 | | | | | |
| 4 | Selina Etterlin/Ring St. Gallen | 51:44 | 1:51 | 5:54 | 9:58 | 12:19 | 17:31 | 18:54 | 22:36 | 24:44 | 26:08 | 28:00 | 31:04 | 33:13 | 34:36 | 35:26 |
| | | | 1:51 | 4:03 | 4:04 | 2:21 | 5:12 | 1:23 | 3:42 | 2:08 | 1:24 | 1:52 | 3:04 | 2:09 | 1:23 | 0:50 |
| | | | 37:36 | 38:55 | 40:03 | 42:03 | 43:56 | 45:53 | 48:30 | 51:21 | 51:44 | | 27:13 | | | |
| | | | 2:10 | 1:19 | 1:08 | 2:00 | 1:53 | 1:57 | 2:37 | 2:51 | 0:23 | | *44 | | | |
| Dörflihase (6) | | | | | | | | | | | | | | | | |
| | | | 1(32) | 2(48) | 3(51) | 4(50) | 5(49) | 6(51) | 7(52) | 8(47) | 9(46) | 10(45) | 11(44) | 12(43) | 13(42) | 14(39) |
| | | | 15(38) | 16(40) | 17(41) | 18(37) | 19(36) | 20(31) | 21(53) | Z | | | | | | |
| 1 | Michèle Sutter St.Georgen | 39:13 | 1:16 | 5:21 | 8:42 | 11:10 | 12:47 | 15:05 | 16:20 | 19:06 | 20:31 | 21:30 | 22:08 | 23:06 | 24:41 | 27:31 |
| | | | 1:16 | 4:05 | 3:21 | 2:28 | 1:37 | 2:18 | 1:15 | 2:46 | 1:25 | 0:59 | 0:38 | 0:58 | 1:35 | 2:50 |
| | | | 28:22 | 29:40 | 31:44 | 34:21 | 35:58 | 37:42 | 38:54 | 39:13 | | | | | | |
| | | | 0:51 | 1:18 | 2:04 | 2:37 | 1:37 | 1:44 | 1:12 | 0:19 | | | | | | |

